

Hello All,

Thank *you* for ALL the time spent, hours driven, baths given, and effort you have given to Pet-A-Pet! We only have a few left that started 31 years ago but everyone is important to the success of this group. We need you to be our cheerleaders and sing the praises needed to attract new member teams. As a handling team, you represent the best in what we do. Our coordinators are terrific in evaluating new teams as they join and processing forms each year.

I became your President in 2007 and now it's time to step down. Thank you to all the board members, committee chair, coordinators, volunteers, and all of your families for the hours of work over the years. At the heart, you all make people, in not the best of situations, smile. Volunteering for almost 24 years, I have made acquaintances, lost a few, sent more home, and have been around great dogs and handlers. On a personal note, I started with Chip, then Rusty, Jet, and have Briggs, Riley, and Coney Hot Dog still working. We plan to continue in the Charlevoix area so stop and say hi!

Thank you, *thank you* for everything. Keep this great organization going, be involved! Go Brighten Someone's Day- as you have for me.

Pat Glinski

** ...

Look out for a fresh Paw Print every month! Our monthly email goes out to all current volunteers and contains any board updates, volunteer shout outs, upcoming events, and, sometimes, a few fun things!



Memorial Donations

Received from Jeff and Patty Tolksdorf In Memory of Doreen M. Putnam

Welcome New Members!

Scott & Debra Buck and "Caramel" Mary Bain and "Lincoln" Jenny & Jackson Baugh and "Rozie" Cheryl Bill and "Chelsea" Lorri Chuckran and "Lucas" Marianne Erickson and "Koda" Mary & Ed Francis and "Bodie" Dawn Howard and "Kalisi" Nick Krafft and "Murphy" Thayer Morton and "Reina" Cathy Totzkay and "Aveda" Lisa Volker and "Milo" Morgan Walter and "Maggy" Matt & Joyce Tunnard with "Piper Ann" and "Barnegat"

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Board of Directors & Committee Chairs through June 30, 2017

President Pat Glinski 313-278-4428 pgglinski@yahoo.com

Vice President Donation Secretary Yesmeen Abdullatif 313-595-4402 yesmeenj@gmail.com

Secretary <u>PETS Program</u> Lori Clinton 313-533-0222 therapydog@aol.com

<u>Treasurer</u> Alan Hitsky 248-540-4834 <u>ahitsky@gmail.com</u>

Pet-A-Pet Store Cathy Totzkay 810-229-5219 cmtotzkay@sbcglobal.net <u>Registrar/</u> <u>Director of Coordinators</u> Lyn Ehrman 11864 Butternut Ave Plymouth MI 48170-4503 734-748-7298 <u>lynehrman@yahoo.com</u>

<u>Special Events</u> Cari Cook 330-464-6652 <u>petapettherapy@gmail.com</u>

<u>Web Site:</u> www.petapet.org Send updates to Lauren Paul <u>Impaul@comcast.net</u>

Newsletter Team Amber Riley petapetnewsletter@gmail.com 734-355-0098

> Sherry Paolucci 586-994-1279 spcaseyk@att.net

Newletter Information

The Pet-A-Pet Gazette is published three times per year in April, August and December. Deadline for submissions is the 15th of the month prior to publication.

NEXT ISSUE DEADLINE: July 15, 2017

SUBMISSIONS

Send clear, sharp, good-contrast photos for best printing results. Please use highest resolution possible when taking digital photos. When scanning, use at least 300 dpi and **save as jpeg** file 100% of size (in inches) or as close as possible.

Digital submissions: petapetnewsletter@gmail.com

For questions, contact Amber Riley

<u>Release Form must be signed</u> and submitted with all photos.

All persons shown in the photo sign the release form.

Members have signed release on registration forms.

Contributions

To make a donation or memorial contribution:

- 1. Make check payable to Pet-A-Pet Club Inc. (Please do not send cash.)
- 2. Add the name of the person or pet being remembered; specify honor or memory
- 3. Add the name & address of the person to whom the acknowledgement will be sent.
- 4. Add your own name and address
- 5. Mail to:

PET-A-PET CLUB INC. PO BOX 530356 LIVONIA MI 48153-0356

An acknowledgment will be sent to the honoree or family.

The Pet-A-Pet Club is a 509(a)(2) non-profit corporation under the umbrella of 501(c)(3). All donations are tax-deductible.

Please Join Kroger Community Rewards



Kroger Community Rewards is a free program that lets the Pet-A-Pet Club earn needed money each quarter based on registered customers' purchases. We could earn much more with your help.

Please join with your Kroger account. As of 3/22/2016, you do not need to re-enroll; it does so automatically.

With your **Kroger Plus Card** register your account online account at Kroger.com. Just go to <u>www.krogercommunityrewards.com</u>) or use the QR code and follow the instructions. The Pet-A-Pet Club's NPO number is **83032**. Those without internet may call 1-877-745-7444 to sign up. Then just use your Kroger Plus card (or enter your alternate ID) each time you shop.

Please consider these **benefits**:

- Pet-A-Pet earns donations based on all purchases (even gift cards).
- You earn gasoline discounts at Kroger and Shell stations.
- It's easy and costs you nothing!

Please tell your family and friends how they can help the Pet-A-Pet Club when shopping at Kroger.

Need Insurance Certificates?

Is your facility requesting a certificate showing that Pet-A-Pet carries liability insurance?

If so, please contact our treasurer, Alan Hitsky, at <u>ahitsky@gmail.com</u>. Alan will send you a simple form for you to fill out and forward to our insurance agency. They generally respond within 24 hours to any request.

Please note: We currently renew our insurance policy in December. The certificate will only show that a policy is in force until December.

Pet-A-Pet Club policy is that only scheduled group visits are covered under our insurance.

- Please fill out and submit the Coordinator/Facility form annually, when sending renewals. Send all coordinator forms, registration forms and dues to Lyn Ehrman.
- **Remind your volunteers** to notify Lyn of any change of address or contact information.
- If you need **additional registration forms**, contact **Lauren Paul**.
- Pet scarves should be ordered from Cathy Totzkay for new volunteers. Pets are to wear their scarves on visits and handlers should wear a Pet-A-Pet button (Cathy has these also) if they don't have a club shirt.
- Please review your facility listings (pp. 6-7) and notify Amber Riley of any corrections, additions, or deletions for the next newsletter.
- If you notice any errors on the **web site** schedule, please contact Lauren Paul.

Note from Pat: If you are a coordinator that is lucky enough to have "too many" volunteers, PLEASE don't send a potential new member away!

- Not all your volunteers show up every visit, you may need them.
- The new handler may choose to move to a group that needs teams, you don't know.
- When you "retire" as coordinator, they might be the one that steps up and carries on. You never know.
- Do NOT turn a new handing team away, we have places asking us to come, we don't have enough people to fill requests.
- Welcome new teams you may not need them, but Pet-A-Pet sure does!

Thank you for your service in the Pet-A-Pet Club. We couldn't do it without you!

Coordinators Needed!

We have many requests from facilities that want visits from Pet-A-Pet volunteers.

If you are an active volunteer near any of these facilities, please consider coordinating.

Requirements for a volunteer to become a coordinator:

- 1. Reference from volunteer's current coordinator
- 2. Must have attended minimum of 6 visitations
- 3. Must be a member in good standing for at least 6 months
- 4. Must have paperwork orientation by referring coordinator or Coordinator Director
- 5. There should be a minimum of two pet & handler teams to start visits at a new facility.

If you are able to help, please contact Lyn Ehrman (see page 2).

See Visitation Schedule for facilities needing more volunteers.

| volumeers. |
|--|
| FACILITIES REQUESTING VISITS |
| Advantage Living Center of Southgate, Southgate |
| Alternative Services, Inc. of Michigan, DeWitt Developmental Disability |
| Blue Water Choices, Marine City Developmental Disability |
| Detroit Center City Community Mental Health Center |
| Glacier Hills Assisted Living, Ann Arbor |
| Grand Court of Novi Assisted Living |
| Heatherwood Retirement, Southfield |
| Lutheran Home of Livonia |
| Magnolia by the Lakes, Keego Harbor Senior Community |
| Maple Manor Rehab Center, Novi |
| Manor of Southgate Skilled Nursing & Rehab |
| McAuley Center, Farmington Hills |
| Notting Hill of West Bloomfield Nursing & Rehab |
| Oakridge Manor Nursing & Rehab, Ferndale |
| Park Place Heritage Village, Warren |
| Passion & Caring Home for Elderly, Detroit |
| Regency at Canton, Canton |
| Regency at Bluffs Park, Ann Arbor |
| Sanctuary at Villa Marie, Livonia Senior Living Community |
| St Anne's Convalescent Center, Detroit |
| St Joseph Hospital, Pontiac |
| Stonecrest Center-Adolescent Unit , Detroit |
| Troy Public Library Read to a Dog Program |
| Village of Peace Manor, Clinton Township |
| The Village of Redford Senior Care |
| The Village of Westland Senior Living Community |
| Waltonwood at Cherry Hill, Canton |

Waltonwood at Cherry Hill, Canton

West Oaks Senior Care & Rehab, Southfield

White Pine Nursing Facility, Howell

Upcoming Events

Get Ready to Dig in at Our Annual Meeting and Picnic!

Location: Starr-Jaycee Park in Royal Oaks

When: Sunday, May 21st

From: Noon to 4:00pm



Starr-Jaycee Park in Royal Oaks is on the South side of 13 Mile Road, one block East of Crooks Road. The park has beautiful trees on the eastern half and three baseball diamonds on the western end. There are toilet facilities in the main picnic shelter, which is reserved for Pet-A-Pet.

The picnic will begin at noon. Hamburgers, hot dogs, salads, etc. will be served until around 1-1:30pm. A brief meeting and election will follow, after which, the remainder of the time will include games and prizes for both humans and animal volunteers.

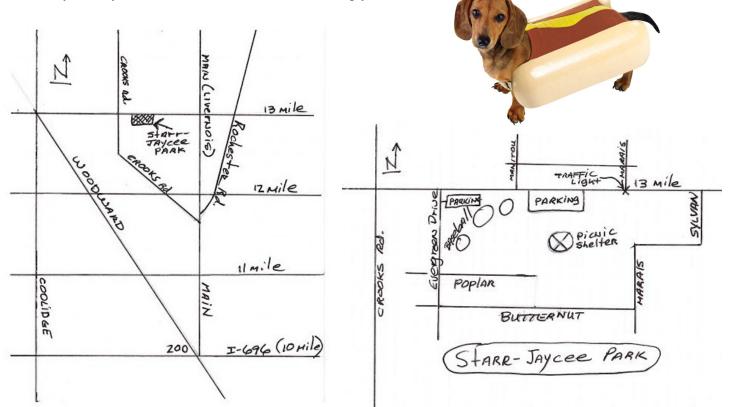
Parking is limited, especially during baseball season. The two parking lots along 13 Mile Road have space for about 100 cars. There is limited parking on Evergreen Drive, West of the park, and on Poplar, South of the park. There are more plentiful, and closer, parking spaces in the neighborhood North of 13 Mile Road. Use the traffic light at Marais to safely cross 13 Mile.

Rules: Our animal volunteers are invited so long as they are on a leash or in crates. **No alcohol is permitted.** We must clean up after ourselves and our pets.

There is no charge for the picnic but we urgently need reservations for both you, your significant other, and/ or your 4-legged Pet-A-Pet friend.

Please RSVP by May 13th by writing or calling <u>Lyn Ehrman</u> at <u>lynehrman@yahoo.com</u> or (734) 748-7298 with your name, the number of people, and/or 4-legged Pet-a-Pet volunteers in your party.

Thank you very much and we look forward to seeing you there!





Location: Ford Field Park 22051 Cherry Hill St Dearborn, Mi When: Saturday, May 13th From: 8:00am to 1:00pm (event hours)

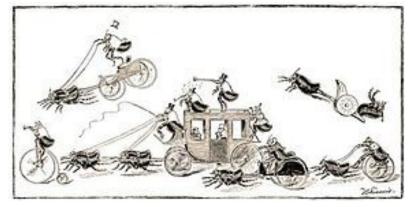
Hit the trail with your furry friend to help raise money for homeless animals! This will be Friends for the Animals of Metro Detroit's 12th Annual Mutt Strut 5k Run/Walk. A pledge-driven event, the walk also includes various entertainment, education, shopping, and a <u>Pet-A-Pet booth!</u>

We'd love to see if any of our furry volunteers would be interested in bringing themselves and their humans to help set up our new tent and help encourage other potential members to join. If anyone can assist during the following hours, please email: petapettherapy@gmail.com

- A) 7:00am to Setup
- B) 8:00am to 10:00am
- C) 10:00am to Noon
- D) Noon to Everyone Helps Clean up and Leaves

There'll be lots of fun events to enjoy at the Mutt Strut such as the Hot Dog Toss Contest, Musical Hoops, Peanut Butter Licking Contest, Face Painting, as well as a \$5.00 Raffle Drawing for a \$1,000 cash prize (drawn at 11:30am, do not need to be present to win)! For those that can't make it but would still like to support the homeless animals, they do have a "Cat-Napper" category (no walking or even coming required!) or you could support one of the many walkers by donating on their website, where they also have more information about the events, times, and FAQs:

https://runsignup.com/Race/MI/Dearborn/MuttStrut



The Flea Circus

Location: Garden City When: Saturday, June 10th From: 10:00am to 3:00pm

While not literally a flea circus, this *is* a pet oriented event where several rescue organizations, vendors selling pet stuff, demonstrations, and other fun things will be going on. As per usual, please make sure your human is holding on to your leash (so as not to wander off) and please make sure they pick up after you and themselves. Low-cost vaccines will be available on site as well as animals looking for their new forever homes. For more details, call (734) 261-2830 from Monday through Friday, 9:00am to 5:00pm.



Pet-A-Pet Visitation Schedule

revised 03/2017

<u>Ann Arbor</u>

Glacier Hills Assisted Living * 1st Tuesday 10:30 AM Coordinator Needed

<u>Auburn Hills</u>

Auburn Hills Community Ctr Last Wednesday 12:30 PM Pat McNulty 248-931-5171

Bloomfield Hills

HHCR-Bloomfield * 1st Wednesday 10:30 AM Cathy Baker 248-528-8010 Volunteers needed

<u>Brighton</u>

Caretel Inns of Brighton Every Monday 2:00 PM Cathy Totzkay, 810-229-5219

Willowbrook Rehab Every Thursday 2:00 PM Jennifer Brent, 317-459-6496

Chesterfield

Village of East Harbor 2nd Friday 9:30 AM Mary Jackson, 810-468-2935

Clinton Township

Clinton Macomb Library South Branch "Paws For Reading" 2nd and/or 4th Monday 6:30 PM Mary Jackson, 586-468-2935

Villa Bella Every other Tuesday, 10:00 AM Marie Mooty, 586-719-6427

Commerce Township

Westlake Health Campus 3rd Saturday 10:00 AM Lauren Paul, 248-684-2460

<u>Dearborn</u>

Oakwood Commons Skilled Nursing & Rehab * 1st & 3rd Wednesday 6:30 PM (Sept-June) Pat Glinski, 313-278-4428

Beaumont Oakwood - Main * Beaumont Hospital 1st & 3rd Wednesday 9:00 AM Lisa Jacques 313-292-4052

Detroit/Redford

Villa at Great Lakes Crossing 7 Mile & Telegraph 3rd Saturday 9:30 AM Carol Bartley, 248-356-8456 Volunteers Needed

Rehabilitation Institute of MI * 1st Friday 10:00 AM Lori Clinton, 313-533-0222

Farmington/Farm. Hills

Gill School (Farmington Community Schools) 3rd Wednesday 1:00 PM Judy Kirkeby, 313-278-4670

Mediloge of Farmington 1st Wednesday 10:30 AM Lori Clinton, 313-533-0222

Garden City

Garden City Hospital Rehab 2nd & 4th Thursday 3:30 PM Mary Bogush, 248-589-0689 / 248-250-4277

Lake Orion

Lake Orion Nursing Center Last Wednesday 10:30 AM Susan Doane 248-877-7122

<u>Livonia</u>

American House II 2nd Saturday 9:30 AM Pat Sheplow, 734-427-8661

Camelot Convalescent Center 2nd Saturday 10:00 AM (Sept-May) Debbie McDermott, 734-427-3791

Lutheran Home of Livonia 2nd & 4th Mondays 10:30 AM Rose Stachowski, 734-306-3015

Manoogian Manor 1st & Last Wednesday 1:30 PM Rose Stachowski, 734-306-3015

Marywood Nursing Care Center

1st Friday 10:00 AM 3rd Saturday 10:00 AM Betsy Conway, 734-525-9623

Woodhaven Retirement Community 1st and 3rd Saturdays 10:00 AM Laurie Patterson, 734-953-0438

Milford

Mediloge of Milford 1st & 3rd Monday 10:00 AM

Riverside Retirement Home 1st Wednesday 10:00 AM

West Hickory Haven Nursing Home 2nd Tuesday 9:30 AM For all Milford locations contact: Lauren Paul, 248-684-2460

<u>Northville</u>

Addington Place 2nd & 4th Monday 2:00 PM Betsy Conway, 734-525-9623

Old Village/Cooke School 2nd Tuesday 10:00 AM Mandy & Ron ZumBrunnen, 248-348-3465

<u>Novi</u>

Manor of Novi 1st & 2nd Saturday 10:00 AM Sharron Disbro, 734-449-8339

Waltonwood at Twelve Oaks 3rd Tuesday 2:00 PM Cathy Totzkay, 810-229-5219

Whitehall Healthcare Center 3rd Saturday 10:00 AM Susan Durance, 248-349-3913

Plymouth

Heartland Plymouth Court 2nd Tuesday 6:30 PM 4th Wednesday 6:30 PM Lyn Ehrman, 734-748-7298

Pontiac

Grovecrest Supportive Care 1st Monday 10:00 AM Coordinator Needed

St. Joseph Mercy Hospital

3rd Saturday 10:30 AM Cattrina Farrugia, 248-343-2235

3rd Thursday 6:30 PM 2nd & 4th Monday 2:00 PM Liz Raeside, 248-670-3217

4th Tuesday 6:30 PM Larry Gatzmyer, 248-618-1118

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Pet-A-Pet Visitation Schedule

Rochester & Rochester Hills

Steps Program Rochester Community Schools 3rd Tuesday 1:50 PM

Stoney Creek High School Autism & Cl 4th Monday 12:30 PM

Wings Program (Special Needs) Adams High School 2nd Thursday 9:30 AM All of these facilities visit Sept-May

Call for schedule Susan Doane, 248-877-7122

Waltonwood at University 2nd Wednesday 10:00 AM Liz Raeside, 248-670-3217

Waltonwood at Main 3rd Wednesday 6:30 PM Sheila Cook 248-651-7542 Sheila.cook@gm.com

<u>Romulus</u>

Special Tree Neuro Care 1st Wednesday, 6:00 PM Christopher McCollum 734-323-4290 Volunteers Needed

Saint Clair Shores

Shorepoint Nursing Care Center 1st Thursday 6:30 PM Bernadine Hernden, 586-293-5262

<u>Southfield</u>

Lahser Hills Care Center 3rd Saturday 2:00 PM Alan Hitsky, 248-540-4834

Providence Hospital - Rehab 1st Tuesday 11:00 AM 3rd Sunday 4:00 PM Karen Zylman, 248-661-0116 or bzylman@twmi.rr.com

Sterling Heights

Waltonwood at Lakeside 3rd Wednesday 10:00 AM Elaine Chiappetta, 586-247-5324

Harbor Chase of Sterling Heights 3rd Wednesday 11:00 AM Elaine Chiappetta, 586-247-5324

American House (15 Mile Rd) Every Other Monday 3:45 PM Debbie Matika, 586-909-5083

<u>Taylor</u>

Beaumont Heritage Rehab * 2nd & 4th Tuesday 6:00 PM Lisa Jacques, 313-299-4052

<u>Troy</u>

Troy Center for Transition 1st Friday 10:00 AM Susan Doane, 248-877-7122

<u>Warren</u>

Arbor Inn 2nd Thursday 7:00 PM Bernadine Hernden, 586-293-5262

Park Place Heritage Village 1st Thursday 1:30 PM Coordinator Needed

St. John Macomb 3rd Thursday 6:30 PM Karen Kline 586-202-5108

<u>Wayne</u>

Advantage Living Center - Wayne 1st & 3rd Thursday 10:30 AM 3rd Saturday 10:30 AM Judy Kirkeby, 313-278-4670

Transitional Health 4th Saturday 10:30 AM Judy Kirkeby, 313-278-4670

West Bloomfield

American House 2nd Saturday 11:00 AM Lisa Kennedy, 248-321-7467

<u>Westland</u>

Four Chaplains 1st & 3rd Thursday 10:00 AM Lorna Johnson, 734-425-1681

White Lake

Sanctuary at White Lake 4th Tuesday 10:00 AM Lauren Paul, 248-684-2460 248-867-1488

<u>Ypsilanti</u>

Superior Woods Healthcare Assisted Living 2nd Saturday 10:00 AM Heather Wilhelm, 716-880-4523 Volunteers Needed



Volunteers Needed

If you had an extra hour of time each month, what would you do with that hour? How about brightening someone's day?

Please consider volunteering at another facility or even adding a facility of your own and becoming a coordinator. There are many facilities in need of volunteers.

Just think of how many more smiles you could provide in only an hour!



* TB test may be required (for humans). Some facilities require background checks on volunteers.

Contact coordinator for additional information.

Got Ideas?



Your board is looking for new people to bring fresh ideas to the Pet-A-Pet program. We usually meet every other month for about two hours. Over 150 members strong means lots of potential for growth and development! Please don't say, "I'll let someone else do it." Your perspective and ideas are unique to you and we'd love for you to join our great group of members. Just let a board member know at our May picnic or even via email, if you'd prefer. Thanks, brainstormers!

Paw-some Articles

Lyme Diseases: Should You Be Concerned?

• April has been designated Prevent Lyme Disease in Dogs Month, and provides a good opportunity to arm pet parents with the facts, not the hype, about canine Lyme infections



- Most Lyme-positive dogs show no symptoms, and symptomatic dogs are typically able to clear the infection on their own within a few days
- A SNAP-4Dx blood test checks for Lyme. If your dog has symptoms and tests positive, antibiotic therapy will be administered
- Dogs don't transmit Lyme to humans, infected ticks do
- Prevention tips if you live in a Lyme-endemic area include using a (preferably natural) tick repellent, and checking your dog twice daily for ticks

For more information on Lyme Diseases by Dr. Becker, please check the QR code or this website: <u>http://healthypets.mercola.com/sites/healthypets/archive/2017/04/05/canine-lyme-disease-prevention</u>-<u>tips.aspx</u>

What is Positive Training?



Positive training is not a scientific term.

You will not find it in any scientific journals, and you will regularly hear it being mischaracterized by those who do not fully understand it.

When we at Positively refer to the power of positive training or you hear Victoria describe herself as a positive trainer, we are incorporating several philosophies, techniques and levels of awareness on certain misunderstood topics which

cumulatively add up to the idea of positive training.

The Four Pillars of Positive Training:

- 1. The use of positive reinforcement
- 2. Avoiding the use of intimidation, physical punishment or fear
- 3. A comprehension of the often misunderstood concept of <u>dominance</u>

4. A commitment to <u>understanding the canine experience</u> from the dog's point of view

For more information on positive training by Victoria Stilwell, please check the QR code or visit this website:

https://positively.com/dog-training/positive-training/what-is-positive-training/



Turning Your Pet Into a Therapy Dog



It did not take long for me to recognize the therapeutic potential of Max, the hypoallergenic 5-month Havanese puppy I adopted in March 2004. He neither barked nor growled and seemed to like everyone, especially the many children that come up and down our block.

When I asked if a crying child passing by would like to pet a puppy, the tears nearly always stopped as a fluffy little Max approached, ready to be caressed.

So I signed us up for therapy dog training with the Good Dog Foundation, which met conveniently in my neighborhood. If we passed the six-week course, we would be certified to visit patients in hospitals and

nursing homes, children in schools, and people in other venues that recognize the therapeutic potential of well-behaved animals.



Training involves a joint effort of dog and owner, usually in groups of four to eight pairs. The dog can be any size, any breed, but must be housebroken; nonaggressive; not fearful of strangers, loud or strange noises, wheelchairs or elevators, and able to learn basic commands like sit, lie down and leave it. Good temperament is critical; a dog that barks incessantly, nips or jumps on people uninvited would hardly be therapeutic.

To read more by Jane E. Brody, please check the QR code or this website: <u>https://well.blogs.nytimes.com/2016/02/29/turning-your-pet-into-a-therapy-dog/?_r=0</u>

Training a Steadfast Recall



A recall can save your dog's life. It can stop her from running in front of a car, or from chasing an animal into the woods. It can call your dog away from a tempting but dangerous delicacy she has just discovered.

Getting the behavior

Teaching a recall is easy—just reinforce your dog for coming to you! Start by kneeling a few feet away and making happy noises. Click when the pup takes her

first step toward you and give her a yummy treat when she gets to you. Run a few feet away and repeat the process. Make it a fun game! When she's coming to you reliably, start using your <u>cue</u>. Add distance and distractions to the recall just as you would for a sit or other behavior. Calling a young puppy from across the yard when she is exploring a new, interesting scent is setting yourself and your pup up to

fail. Walk to within a few feet, kneel down, and call her from there—and make sure to reinforce her for abandoning the distraction with something even better.

Success comes from repetition. Don't increase your distance or distractions until your dog responds immediately and enthusiastically to the recall cue. While you're training, remember to give a super-good <u>reinforcement</u> *every* time you call your dog.

For more information and training tips on training a steadfast recall by Melissa Alexander, please check the QR code or this website:

http://www.clickertraining.com/node/309



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Insights into Animal Assisted Therapy (AAT)

Hello friends.

Let me begin by thanking you and your furry friends for your commitment to serving others in our community. Because of your efforts, smiles have been brought to countless faces, opportunities to reminisce have been made, and new friendships formed. It was through my experiences with Pet-a-Pet that I grew to understand the magic of the human-animal bond and the value of animal-assisted therapy (AAT). Hoping to build on that understanding I chose to enroll in the School of Social Work's Animals and Human Health Certificate program at the University of Denver. The past year has introduced me to the field's best practices and has served to further deepen my respect for this work. (If you're interested in learning more about the program, you're welcome to email me at: heathermwilhelm@gmail.com).

I was graciously invited by members of the Pet-a-Pet * Gives me ways to relax after sessions Board to introduce you to the rapidly developing field of Animal Assisted Therapy (commonly referred to as "Pet Therapy"). Over the course of the next several newsletters, I will share lessons I've gathered from my involvement at the University of Denver including recommended methods for handling our "petpartners," important ethical considerations, and techniques to employ when working in a variety of settings. As the field of AAT continues to grow, we are encouraged to stay informed of its best practices and can benefit from the work done by leading researchers and authors like that of Ann R. Howie, LICSW/ACSW. Amidst the excitement experienced on-site, as volunteers we can sometimes overlook the needs and experiences of our animal partners. Howie offers The Therapy Animal's Bill of Rights[©] as a powerful reminder of the perspective from the other end of the leash.

The Therapy Animal's Bill of Rights[©]

As a therapy animal, I have the right to a handler who:

* Obtains my consent to participate in the work

* Provides gentle training to help me understand what I'm supposed to do

* Is considerate of my perception of the world

* Helps me adapt to the work environment

* Guides the client, staff, and visitors to interact with me appropriately

* Focuses on me as much as the client, staff, and visitors

* Pays attention to my non-verbal cues

* Takes action to reduce my stress

* Supports me during interactions with the client

* Protects me from overwork by limiting the length of sessions

* Provides a well-rounded life with nutritious food, physical and intellectual exercise, social time, and activities beyond work

* Respects my desire to retire from work when I think it is time

I look forward to sharing more with you in the months ahead.

Until then, my very best wishes.

Warmly,

Heather Wilhelm-Routenberg

Pet-a-Pet Volunteer at the Superior Woods Healthcare Facility in Ypsilanti, MI

*The Therapy Animal's Bill of Rights is copyrighted with all rights reserved. Reprinted by permission of the author, Ann R. Howie. Teaming with Your Therapy Dog (West Lafayette, IN: Purdue University Press, 2015), [page xvii]. © 2015 by Ann R. Howie.



Pet-A-Pet Club, Inc. **Order Form**



Sport shirts: 65% Cotton/35% Polyester, T-shirts and Sweatshirts: 50% Cotton/50% Polyester All apparel items have embroidered logo. Sizes (in inches) are garment measurements.

| ITEM / STYLE | | | | | | | | | | PRICE |
|---|----------------------|---------------------------|----------------------------|-----------------------------|-----------------------|-------------------------------|--------------------------------|-------------------------------|-------------------------------|---------|
| T-shirt, Unisex Colors: Black, Red, Sand | SIZE | | S | М | L | XL | | 2XL | 3XL | \$15.00 |
| T-shirt, Ladies' Colors: Black, Red | SIZE Chest | | S 36 | M 40 | L 41 | XL 44 | | 2XL 47 | 3XL 50 | \$15.00 |
| Short Sleeve Sport Shirt, Men's Colors: Black, Red, Stone | SIZE Chest | XS 39 | S 42 | M 44 | L 48 | XL 52 | | 2XL 55 | 3XL 58 | \$24.00 |
| Short Sleeve Sport Shirt, Ladies' Colors: Black, Red, Stone | SIZE Bust | XS (2) 32-34 | S (4/6) 35-36 | M (8/10) 37-37 | L (12/14) 39-41 | XL (16/18) 42-44 | XXL (20/22) 45-47 | 3X (24/26) 48-51 | 4X (28/30) 52-55 | \$24.00 |
| Long Sleeve Sport Shirt, Men's Colors: Black, Red, Stone | SIZE Chest | XS 39 | S 42 | M 44 | L 48 | XL 52 | | 2XL 55 | 3XL 58 | \$29.00 |
| Long Sleeve Sport Shirt, Ladies' Colors: Black, Red (No Stone) | SIZE Bust | XS (2) 32-34 | S (4/6) 35-36 | M (8/10) 37-38 | L (12/14) 39-41 | XL (16/18) 42-44 | XXL (20/22) 45-47 | 3X (24/26) 48-51 | 4X (28/30) 52-55 | \$29.00 |
| Sweatshirt (Unisex) Colors: Black, Red, Sand (no 3XL Sand) | SIZE | | S | М | L | XL | | 2XL | 3XL | \$24.00 |
| Cap (One Size) Black, Khaki, Red, Stone | Silkscreened logo | | | | | \$15.00 | | | | |
| Tote Bag Colors: Black, Red, Stone | | | | | | | \$15.00 | | | |
| Collapsible Pet Travel Bowl (Red only) | d only) | | | | | \$ 5.00 | | | | |

Orders are placed on the 1st of each even-numbered month.

Send order form with check, *payable to Pet-A-Pet Club, Inc.,* to: Cathy Totzkay = 11311 Casa Loma = Brighton, MI 48114-9000 = 810-229-5219

| Name: | | | Date: | | | | | | |
|---|------------|--------------|---------------|------------|-------|--|--|--|--|
| Address: _ | | | | | | | | | |
| City: | | State: | _ State: ZIP: | | | | | | |
| Phone num | nber: () C | Coordinator: | | | | | | | |
| QUANTITY | ITEM/STYLE | COLOR | SIZE | PRICE EACH | TOTAL | | | | |
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| | | | | SUBTOTAL | | | | | |
| PLEASE ADD: \$4 for 1st item + \$3 for 2nd + \$1 for each additional item (for bowls only, postage is \$2.00) | | | | | | | | | |
| Prices valid through 09/21/2017 These prices supercade all providus order forms | | | | | | | | | |

Prices valid through 08/31/2017 These prices supersede all previous order forms.



PET-A-PET CLUB, INC.

PO BOX 530356 LIVONIA MI 48153-0356 Non-Profit U.S. Postage Paid Livonia, Michigan Permit # 01263

RETURN SERVICE REQUESTED

MISSION STATEMENT The Pet-A-Pet Club, Inc. is a non - profit organization. Members of the Pet-A-Pet Club commit themselves to encouraging the humananimal bond by educating the public regarding the health benefits of exposure to animals. We will do so by exposing those individuals who are least likely to have benefit of contact with pets to animals that best express the most positive attributes of living, affectionate and entertaining creatures.

The 10 Commandments from a Dog's Perspective

1. My life is likely to last 10 to 15 years; any separation from you will be painful for me. Remember that before you adopt me.

2. Give me time to understand what you want from me; don't be impatient, short-tempered, or irritable.

3. Place your trust in me and I will always trust you back. Respect is earned not given as an inalienable right.

4. Don't be angry with me for long and don't lock me up as punishment; I am not capable of understanding why. I only know I have been rejected. You have your work, entertainment, and friends, but I only have you.

5. Talk to me. Even if I don't understand your words, I do understand your voice and your tone. You only have to look at my tail.

6. Be aware that however you treat me, I'll never forget it, and if it's cruel, it may affect me forever.

7. Please don't hit me. I can't hit back, but I can bite and scratch, and I really don't ever want to do that.

8. Before you scold me for being uncooperative, obstinate, or lazy, ask yourself if something might be bothering me. Perhaps I'm not getting the right foods or I've been out in the sun too long, or my heart is getting old and weak. It may be I am just dog-tired.



9. Take care of me when I get old. You too will grow old and may also need love, care, comfort, and attention.

10. Go with me on difficult journeys. Never say, "I can't bear to watch" or "Let it happen in my absence." Everything is easier for me if you are there. Remember, regardless of what you do, I will always love you.