

A Publication of The Pet-A-Pet Club, Inc.

# **New President's Message**

Hello Pet-A-Pet Volunteers,

It is with great pride and honor that I take on this new position as your president. Five years ago, I had no idea that walking into the Guardians for Animals event in Madison Heights would get me here! I met Pat and it was a match! I began visiting the Dearborn Rehabilitation Center with Harley and Cookie Monster and we quickly understood that this is what we were destined to do.

A year later I joined the board and was voted into vice presidency, woo! I've been lucky to learn from the best and I can't wait to learn more from all of you! I look forward to continuing the legacy that Pet-A-Pet is and has, while also growing and developing our program.

I hope to bring more awareness to our group to gain more volunteers, make the volunteer on-boarding and membership process simpler, give our volunteers the tools they need to succeed and so much more!

Thank you for giving me this opportunity. I can't wait to jump into our next chapter together!

Yesmeen Abdullatif

# **Seeking Board Members**

If you would like to be a part of the team that keeps the Pet-A-Pet Club moving along, **please consider joining the Board of Directors**. It's only a small commitment of your time (we meet every other month). We welcome members in good standing to apply. Please contact Yesmeen (see page 2.)



Watch your e-mail for a fresh **P\*\*w Print** at the beginning of every month!

Our monthly e-mail goes out to all current members and contains any board updates, volunteer shout-outs, upcoming events, and, sometimes, a few fun things! If you don't have e-mail, please ask your coordinator to share the information.



# **Newsletter Changes - Read Me!**

Since we are no longer even close to meeting the minimum number of pieces required for bulk mailing, beginning with this issue, only those few members without e-mail will receive a paper copy by U.S. Mail. The rest will receive only the electronic file. In addition to saving hours of volunteer time, it will save us from paying for the bulk mail permit, excess costs for printing and postage, and will let us keep our dues low. Please be sure to let Lyn Ehrman know of any change in your contact information.

Thank you for understanding.

#### Welcome New Members!

Laurie Adams and Bentley
Ingrid & Don Boyde and Joey
Linda Chetcuti and Tessa & Lexi
Kim Cordier and Drifter
Betty Halliburton and Bailey
Ruth Hansen and Olive
Melanie Harding and Chelsea
David & Barbara Ippel and Charlie
Diana Koczuk and Cooper
Anne Lehker and Zoey

Holly & Carl Mahan and Clover Winston joins Pauline Sabatini Rebecca Touchstone-Honecutt and Echo

Matt & Joyce Tunnard and Piper Ann & Barnegat Marcie & Marco Woodard and Leela Karen Zylman and Zorro

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# **Board of Directors** & Committee Chairs through June 30, 2018

# President Donation Secretary Yesmeen Abdullatif 313-595-4402

yesmeenj@gmail.com

#### Secretary PETS Program

Lori Clinton 313-533-0222 therapydog@aol.com

#### <u>Treasurer/Registrar</u> <u>Director of Coordinators</u>

Lyn Ehrman 734-748-7298 lynehrman@yahoo.com 11864 Butternut Ave Plymouth MI 48170-4503

#### Pet-A-Pet Store

Cathy Totzkay 810-229-5219 cmtotzkay@sbcglobal.net

#### **Special Events**

Cari Cook 330-464-6652 pekepoomom@gmail.com

#### Web Site

#### www.petapet.org

Send updates to Lauren Paul Impaul@comcast.net

#### **Newsletter Team**

Editors: Amber Riley & Lauren Paul

petapetnewsletter @gmail.com

Mailing: Sherry Paolucci 586-994-1279 spcaseyk@att.net

#### **Past President**

Pat Glinski 313-414-6336 pgglinski@yahoo.com

# **Newletter Information**

The Pet-A-Pet Gazette is published three times per year in April, August and December. Deadline for submissions is the 15th of the month prior to publication.

#### **NEXT ISSUE DEADLINE: November 15, 2017**

#### **SUBMISSIONS**

Send clear, sharp, good-contrast photos for best printing results. Please use highest resolution possible when taking digital photos. When scanning, use at least 300 dpi and save as jpeq file 100% of size (in inches) or as close as possible.

Submissions/Questions: petapetnewsletter@gmail.com

# Release Form must be signed and submitted with all photos.

All persons shown in the photo sign the release form.

Members have signed release on registration forms.

# **Contributions**

# To make a donation or memorial contribution:

- 1. Make check payable to Pet-A-Pet Club Inc. (Please do not send cash.)
- 2. Add the name of the person or pet being remembered; specify honor or memory
- 3. Add the name & address of the person to whom the acknowledgement will be sent.
- 4. Add your own name and address
- 5. Mail to:

PET-A-PET CLUB INC. PO BOX 530356 LIVONIA MI 48153-0356

An acknowledgment will be sent to the honoree or family.

The Pet-A-Pet Club is a 509(a)(2) non-profit corporation under the umbrella of 501(c)(3). All donations are tax-deductible.

# Please Join Kroger Community Rewards



Kroger Community Rewards is a free program that lets the Pet-A-Pet Club earn needed money each quarter based on registered customers' purchases. We could earn much more with your help.

**Please join or renew** your Kroger account. As of 3/22/2016 annual re-enrollment is automatic.

With your **Kroger Plus Card** register your account online account at Kroger.com. Just go to <u>www.krogercommunityrewards.com</u>) and follow the instructions. The Pet-A-Pet Club's NPO number is **83032**. Those without internet may call 1-877-745-7444 to sign up. Then just use your Kroger Plus card (or enter your alternate ID) each time you shop.

Please consider these benefits:

- Pet-A-Pet Club earns donations based on all purchases (even gift cards).
- You earn gasoline discounts at Kroger and Shell stations.
- It's easy and costs you nothing!

Please tell your family and friends how they can help the Pet-A-Pet Club when shopping at Kroger.

### **Coordinator Notes**

#### **Need Insurance Certificates?**

Coordinators: Is your facility requesting a certificate showing that Pet-A-Pet carries liability insurance? If so, please contact our treasurer, Lyn Ehrman (see page 2). Within 24 hours the treasurer will notify our insurance agency and the certificate of insurance will be sent to your facility.

#### The following information is required:

- The complete name, street address, city, state and ZIP code of the facility.
- The complete name, title, telephone number and e-mail address of the facility employee who is requesting or should receive the certificate.

Please note: We currently renew our insurance policy in December. The certificate will only show that a policy is in force until December.

Pet-A-Pet Club policy is that only scheduled group visits are covered under our insurance.

- Please fill out and submit the Coordinator/Facility form annually, when sending renewals. Send all coordinator forms, registration forms and dues to Lyn Ehrman.
- Remind your volunteers to notify Lyn of any change of address or contact information.
- If you need **additional registration forms,** contact **Lauren Paul**.
- Pet scarves should be ordered from Cathy Totzkay for new volunteers. Pets are to wear their scarves on visits and handlers should wear a Pet-A-Pet button (Cathy has these also), if they don't have a club shirt.
- Please review your facility listings (pp. 6-7) and send any corrections, additions or deletions for the next newsletter to <u>petapetnewsletter@gmail.com</u>.
- If you notice any errors on the **web site** schedule, please contact **Lauren Paul**.

Note: If you are a coordinator that is lucky enough to have "too many" volunteers, PLEASE don't send a potential new member away!

- Not all your volunteers show up every visit, you may need them.
- The new handler may choose to move to a group that needs teams, you don't know.
- When you "retire" as coordinator, they might be the one that steps up and carries on. You don't know.
- Do NOT turn a new handing team away, we have places asking us to come, we don't have enough people to fill requests.
- Welcome new teams you may not need them, but Pet-A-Pet sure does!

Thank you for your service in the Pet-A-Pet Club.

We couldn't do it without you!

# **Coordinators Needed!**

We have many requests from facilities that want visits from Pet-A-Pet volunteers.

If you are an active volunteer near any of these facilities, please consider coordinating. It's not difficult.

#### Requirements for a volunteer to become a coordinator:

- 1. Reference from volunteer's current coordinator
- 2. Must have attended minimum of 6 visitations
- Must be a member in good standing for at least 6 months
- 4. Must have paperwork orientation by referring coordinator or Coordinator Director
- 5. There should be a minimum of two pet & handler teams to start visits at a new facility.

If you are able to help, please contact Lyn Ehrman (see page 2).

See Visitation Schedule for facilities needing more volunteers.

#### **FACILITIES REQUESTING VISITS**

**Advantage Living Center of Southgate** 

Alternative Services, Inc. of Michigan, DeWitt Developmental Disability

American House East, Roseville

Blue Water Choices, Marine City Developmental Disability

Detroit Center City Community Mental Health Center

Glacier Hills Assisted Living, Ann Arbor

**Grand Court of Novi Assisted Living** 

Heatherwood Retirement, Southfield

**Lutheran Home of Livonia** 

Magnolia by the Lakes, Keego Harbor Senior Community

Maple Manor Rehab Center, Novi

Manor of Southgate Skilled Nursing & Rehab

**McAuley Center, Farmington Hills** 

Notting Hill of West Bloomfield Nursing & Rehab

Oakridge Manor Nursing & Rehab, Ferndale

Oakdale Recovery Center, Canton

Park Place Heritage Village, Warren

Passion & Caring Home for Elderly, Detroit

Regency at Canton, Canton

Regency at Bluffs Park, Ann Arbor

Sanctuary at Villa Marie, Livonia Senior Living Community

St Anne's Convalescent Center, Detroit

St Joseph Hospital, Pontiac

Stonecrest Center-Adolescent Unit, Detroit

Troy Public Library Read to a Dog Program

Village of Peace Manor, Clinton Township

The Village of Redford Senior Care

The Village of Westland Senior Living Community

Waltonwood at Cherry Hill, Canton

West Oaks Senior Care & Rehab, Southfield

White Pine Nursing Facility, Howell

# Rainbow Bridge



#### In Loving Memory of Annie

Annie (aka Annabelle), owned by Carolyn Tkacz, was a volunteer at Heartland Healthcare-Canton and Heartland Health Care-Plymouth Court. She was with us for many years. She crossed the Rainbow Bridge on June 24. She was a very special dog and will be greatly missed by all.

Lyn Ehrman, Coordinator

# **Memorial Donations**

Received in Memory of Doreen Marie Pitman

From: Cathy Baker, Joann Bryant, Jeanne Cameron, Mary Coppola Liz Raeside, John Smreker and Janice Van Wulfen.

Received in Memory of Skyy McNulty (Pat Mc Nulty)

From: Joann Bryant, Jeanne Cameron, Liz Raeside, Janice Van Wulfen

# **Keep Your Pet Safe!**



#### FREEBIE FOR YOU!

Download a PDF fillable form to print an ID card with contact info for your dog's car crate. (They ALWAYS ride in a crate, right?)

http://www.mplank.com/forms/DogCrateTagForm.pdf

# In Case of Accident

- Take dog immediately to the nearest veterinarian for housing/treatment.
- All expenses guaranteed by owner or owner's estate.
- Do NOT remove dog from crate unless absolutely necessary. The dog may be frightened and run away.
- Details about dog and contact information on back of this card.

	Dog Call Name:							
	Microchip Type and #:							
glue picture of dog	Owner Info: Name:							
here	City & State:							
	Phone:							
eople authorized to take dog if owner is incapacitated:								

Veterinarian Name: Veteriarian Phone:

Other (e.g. medication, allergies, commands dog knows):

# **Annual Meeting & Picnic in the Park**

Photos by Cari Cook & Lori Clinton







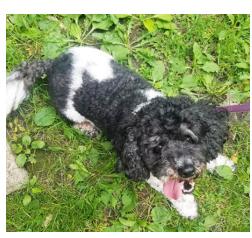








Happy people and pets enjoyed a sunny afternoon in the park.



#### **Ann Arbor**

Glacier Hills Assisted Living \* 1st Tuesday 10:30 AM Coordinator needed

#### **Auburn Hills**

Auburn Hills Community Ctr Last Wednesday 12:30 PM Pat McNulty 248-931-5171

#### **Bloomfield Hills**

HHCR-Bloomfield \*
1st Wednesday 10:30 AM
Cathy Baker 248-528-8010
Volunteers needed

#### **Brighton**

Caretel Inns of Brighton Every Monday 2:00 PM Cathy Totzkay, 810-229-5219

Willowbrook Rehab ★
Every Thursday 2:00 PM
Jennifer Brent, 317-459-6496

#### Chesterfield

**Village of East Harbor** 2nd Friday 9:30 AM Mary Jackson, 810-468-2935

#### **Clinton Township**

Clinton Macomb Library South Branch "Paws For Reading" 2nd and/or 4th Monday 6:30 PM Mary Jackson, 586-468-2935

Villa Bella

Every other Tuesday, 10:00 AM Marie Mooty, 586-719-6427

#### **Commerce Township**

Westlake Health Campus 3rd Saturday 10:00 AM Lauren Paul, 248-684-2460

#### Dearborn

Oakwood Commons
Skilled Nursing & Rehab \*
1st & 3rd Wednesday 6:30 PM
(Sept-June)
Lisa Jacques 313-292-4052

#### Dearborn (cont'd)

Beaumont Oakwood - Main \* Beaumont Hospital
1st & 3rd Wednesday 9:00 AM
Lisa Jacques 313-292-4052

#### Detroit/Redford

Villa at Great Lakes Crossing 7 Mile & Telegraph 3rd Saturday 9:30 AM Carol Bartley, 313-627-0502 Volunteers needed

Rehabilitation Institute of MI \* 1st Friday 10:00 AM Lori Clinton, 313-533-0222

Village of Redford 2nd & 4th Tuesday 1:30 PM Rose Stachowski, 734-306-3015

#### Farmington/Farm. Hills

Gill School

(Farmington Community Schools) 3rd Wednesday 1:00 PM Judy Kirkeby, 313-278-4670

Mediloge of Farmington 1st Wednesday 10:30 AM Lori Clinton, 313-533-0222

#### **Garden City**

Garden City Hospital Rehab 2nd & 4th Thursday 3:30 PM Mary Bogush, 248-589-0689 / 248-250-4277

#### **Lake Orion**

Lake Orion Nursing Center Last Wednesday 10:30 AM Susan Doane 248-877-7122

#### Livonia

American House II 2nd Saturday 9:30 AM Pat Sheplow, 734-427-8661

Lutheran Home of Livonia 2nd & 4th Mondays 10:30 AM Rose Stachowski, 734-306-3015

Manoogian Manor 1st & Last Wednesday 1:30 PM Rose Stachowski, 734-306-3015

#### Livonia (cont'd)

Marywood Nursing Care Center 1st Friday 10:00 AM 3rd Saturday 10:00 AM Betsy Conway, 734-525-9623

**Woodhaven Retirement Community** 1st and 3rd Saturdays 10:00 AM Laurie Patterson, 734-953-0438

#### Milford

Mediloge of Milford 1st & 3rd Monday 10:00 AM

Riverside Retirement Home 1st Wednesday 10:00 AM

West Hickory Haven Nursing Home 2nd Tuesday 9:30 AM For all Milford locations contact: Lauren Paul, 248-684-2460

#### Northville

Addington Place 2nd & 4th Monday 2:00 PM Betsy Conway, 734-525-9623

Old Village/Cooke School 2nd Tuesday 9:45 AM Mandy & Ron ZumBrunnen, 248-348-3465

#### Novi

Manor of Novi 1st & 2nd Saturday 10:00 AM Sharron Disbro, 734-449-8339

Waltonwood at Twelve Oaks 3rd Tuesday 2:00 PM Cathy Totzkay, 810-229-5219

Whitehall Healthcare Center 3rd Saturday 10:00 AM Susan Durance, 248-349-3913

#### **Plymouth**

Heartland Plymouth Court 2nd Tuesday 6:30 PM 4th Wednesday 6:30 PM Lyn Ehrman, 734-748-7298

#### **Pontiac**

Grovecrest Supportive Care 1st Monday 10:00 AM Coordinator Needed

# **Pet-A-Pet Visitation Schedule**

#### Pontiac (cont'd)

#### St. Joseph Mercy Hospital

3rd Saturday 10:30 AM Cattrina Farrugia, 248-343-2235

3rd Thursday 6:30 PM 2nd & 4th Monday 2:00 PM Liz Raeside, 248-670-3217 Additional volunteers needed

4th Tuesday 6:30 PM Larry Gatzmyer, 248-618-1118

# Rochester & Rochester Hills

#### **Steps Program**

Rochester Community Schools 3rd Tuesday 1:50 PM

Stoney Creek High School Autism & CI 4th Monday 12:30 PM

Wings Program (Special Needs) Adams High School 2nd Thursday 9:30 AM

> All of these facilities visit Sept-May Call for schedule Susan Doane, 248-877-7122

#### Waltonwood at University 2nd Wednesday 10:00 AM Liz Raeside 248-670-3217

# Liz Raeside, 248-670-3217

#### Waltonwood at Main 3rd Wednesday 6:30 PM Sheila Cook 248-651-7542 Sheila.cook@gm.com

#### Romulus

Special Tree Neuro Care
1st Wednesday, 6:00 PM
Christopher McCollum 734-323-4290
Volunteers needed

#### Saint Clair Shores

**Shorepoint Nursing Care Center** 1st Thursday 6:30 PM Bernadine Hernden, 586-293-5262

#### Southfield

**Lahser Hills Care Center** 3rd Saturday 2:00 PM Alan Hitsky, 248-540-4834

#### **Southfield** (cont'd)

St. John Providence Hospital - Rehab 1st Tuesday 11:00 AM 3rd Sunday 4:00 PM Karen Zylman, 248-661-0116 or bzylman@twmi.rr.com

#### **Sterling Heights**

**Waltonwood at Lakeside** 3rd Wednesday 10:00 AM Elaine Chiappetta, 586-247-5324

Harbor Chase of Sterling Heights 3rd Wednesday 11:00 AM Elaine Chiappetta, 586-247-5324

American House (15 Mile Rd) Every Other Monday 3:45 PM Debbie Matika, 586-909-5083

#### **Taylor**

**Beaumont Heritage Rehab** ★ 2nd & 4th Tuesday 6:00 PM Lisa Jacques, 313-299-4052

#### Troy

**Troy Center for Transition** 1st Friday 10:00 AM Susan Doane, 248-877-7122

#### Warren

#### Arbor Inn

2nd Thursday 7:00 PM Bernadine Hernden, 586-293-5262

Park Place Heritage Village 1st Thursday 1:30 PM Coordinator Needed

St. John Macomb

3rd Thursday 6:30 PM Karen Kline 586-202-5108

#### Wayne

Advantage Living Center - Wayne 1st & 3rd Thursday 10:30 AM 3rd Saturday 10:30 AM Judy Kirkeby, 313-278-4670

Transitional Health 4th Saturday 10:30 AM Judy Kirkeby, 313-278-4670

#### **West Bloomfield**

American House 2nd Saturday 11:00 AM Lisa Kennedy, 248-321-7467

#### Westland

Four Chaplains 1st & 3rd Thursday 10:00 AM Lorna Johnson, 734-425-1681

#### White Lake

The Neighborhoods of White Lake 4th Tuesday 10:00 AM Lauren Paul, 248-684-2460 248-867-1488

#### **Ypsilanti**

Superior Woods Healthcare Assisted Living 2nd Saturday 10:00 AM Debra Buck, 517-451-5171 Additional volunteers needed

### **Volunteers Needed**

If you had an extra hour of time each month, what would you do with that hour? How about brightening someone's day?

Please consider volunteering at another facility or even adding a facility of your own and becoming a coordinator. There are many facilities in need of volunteers.



\* TB test may be required (for humans). Some facilities require background checks on volunteers.

Contact coordinator for additional information.



# K-9 Kitchen

#### **Banana/Honey Dog Cookies**

Recipe provided by Debra Buck

These treats were a big hit at the picnic!



#### Ingredients

- 1 cup water
- 2 bananas, mashed
- 2 tablespoons honey
- 1 teaspoon vanilla extract
- 1 egg

- 1 1/2 cups oat flour (ground, rolled oats)
- 3 cups whole wheat flour
- 1 teaspoon baking powder

#### Directions

- 1. Heat water to lukewarm and stir in the honey. Combine with mashed bananas, egg, and vanilla.
- 2. Stir in oats, whole-wheat flour and baking powder.
- 3. Beat dough with an electric mixer on medium speed until ingredients are thoroughly combined, 1 to 2 minutes. Turn dough onto a lightly floured surface and knead or continue to mix in a stand mixer until no longer sticky, about 5 minutes.
- 4. Roll out dough to 1/4-inch thickness and cut into shapes with your favorite cookie cutter.
- 5. Place dough shapes on lightly greased baking sheets.
- 6. Bake in preheated 350 degree oven until cookies are lightly browned, about 20 minutes. Turn off the oven and leave cookies in until dry and crisp, 30 to 40 more minutes.
- 7. Remove baking sheets from oven and allow cookies to cool on pans for 10 minutes. Transfer cookies to wire rack to fully cool.
- 8. Sprinkle liberally with a heaping helping of love before serving.  $\odot$

**Note:** Other flours like rice, etc. could be subbed for the wheat flour, if needed.





### K-9 Kitchen

While it's true that some human food is definitely off-limits, in recent years there has been a push to add fresh, real food to your pet's diet. The importance of healthy, organic plant matter to help detox your pet's body couldn't be more crucial, especially in today's world of factory farmed livestock, genetically modified grains, and the use of pesticides, fungicides, and larvicides. Even adding a small amount of vegetables will make a significant difference in your pet's health. Below are the basics to get you started.

#### Best vegetables & fruits for dogs

#### **Asparagus** Kelp **Apples** Bananas **Bell Peppers** Pumpkin **Blackberries** Broccoli Shiitake Mushrooms Blueberries **Brussels Sprouts** Spinach Cantaloupe Cucumber Sprouts (in Cranberries Ginger (in small moderation) **Raspberries** amounts) Squash Papaya **Sweet Potato** Green Beans **Pomegranate**

Zucchini

#### Best vegetables & fruits for cats

Asparagus Banana Broccoli Blueberry Carrots Melon Green Beans

Winter Squash

Note: Raw veggies for cats can pose a choking hazard, so be sure to steam or bake all vegetables before serving.

Note: Feeding dogs raw vegetables is best. It is advised that vegetables are crushed or pulverized (such as in a food processor) for ideal digestion. And remember, no onions, grapes or raisins.

Watermelon

#### The Health Benefits

Kale

- Vegetables help alkalize the body
- Vegetables provide proteins, lipids, fats, carbohydrates, phytonutrients, and fiber—making them a complete food.
- Fruit and veggies are an excellent source of water.
- Raw vegetables provide most of the B vitamins, vitamins A, C, E, and K.
- Dark leafy green vegetables contain important minerals like calcium, potassium, and magnesium.
- Grasses and algae (phytoplankton) are rich in essential fatty acids and Omega-3.
- Phytonutrients are only found in vegetable material. They are antibacterial, antiviral, antifungal, antihelminthic (anti-parasite), anti-aging, anti-degeneration, and anti-cancer.
- Raw vegetables supply healthy fiber.
- Vegetables are important in treating cancer and kidney disease.

#### How to Feed

lan Billinghurst, DVM, a veterinary surgeon, author, and nutritional consultant, recommends offering vegetables to puppies as young as six weeks old. He advises that vegetables should make up a minimum of 10 percent of your dog's diet, and as high as 50 percent. Most vegetables are healthiest raw, so for dogs, just chop into safely consumable pieces or pulverize and add to a meal. Cats cannot digest raw material well, so any veggies you give them should be cooked.







# **Special Events**

Join your fellow Pet-A-Pet volunteer teams and have fun while spreading the word about what we do.

If you can help, please contact Cari Cook or Sherry Paolucci (see page 2).



Saturday, September 30

# AMERICAN CANCER SOCIETY BARK FOR LIFE"

#### A CANINE EVENT TO FIGHT CANCER

32305 W Chicago St, Livonia <a href="http://main.acsevents.org/site/TR?fr">http://main.acsevents.org/site/TR?fr</a> id=83650&pg=entry





Saturday & Sunday October 21 & 22 Guardians for Animals Expo

876 Horace Brown Drive, Madison Heights <a href="http://www.quardiansforanimalspetexpo.org">http://www.quardiansforanimalspetexpo.org</a>





Friday- Sunday, November 10 - 12



https://www.novipetexpo.com





# **New Pet-A-Pet Shirt Style**



Left: A new Ladies' shirt style. This Interlock polo is made with odor-fighting; moisture-wicking, low-pill wrinkle-resistant 6.19-oz. 65/35 poly/cotton with slightly longer sleeves and an open Y-neckline for a more feminine style. Machine wash & dry. Detais on order form.\*\*

**Right:** Original style **pique** shirt (still available) shown for comparison.





# Pet-A-Pet Club, Inc. Order Form





**Sport shirts:** 65% Cotton/35% Polyester, **T-shirts** and **Sweatshirts:** 50% Cotton/50% Polyester *All apparel items have embroidered logo. Sizes (in inches) are garment measurements.* 

ITEM / STYLE							PRICE			
Unisex T-shirt Colors: Black, Red, Sand	SIZE		S	М	L	XL		2XL	3XL	\$15.00
<b>Ladies' T-shirt</b> Colors: Black, Red	SIZE Chest		<b>S</b> 36	<b>M</b> 40	<b>L</b> 41	<b>XL</b> 44		<b>2XL</b> 47	<b>3XL</b> 50	\$15.00
Men's Short Sleeve Sport Shirt Colors: Black, Red, Stone	SIZE Chest	<b>XS</b> 39	<b>S</b> 42	<b>M</b> 44	<b>L</b> 48	<b>XL</b> 52		<b>2XL</b> 55	<b>3XL</b> 58	\$24.00
Ladies' Short Sleeve Pique Sport Shirt 3 button placket with collar Colors: Black, Red, Stone	SIZE Bust	<b>XS</b> (2) 32-34	<b>\$</b> (4/6) 35-36	<b>M</b> (8/10) 37-37	L (12/14) 39-41	<b>XL</b> (16/18) 42-44	<b>XXL</b> (20/22) 45-47	<b>3X</b> (24/26) 48-51	<b>4X</b> (28/30) 52-55	\$24.00
*Ladies' Short Sleeve Interlock Sport Shirt Open Y-neck with collar Colors: Black, Red	<b>SIZE</b> Bust	<b>XS</b> (2) 32-34	<b>\$</b> (4/6) 35-36	<b>M</b> (8/10) 37-37	<b>L</b> (12/14) 39-41	<b>XL</b> (16/18) 42-44	<b>XXL</b> (20/22) 45-47	<b>3X</b> (24/26) 48-51	<b>4X</b> (28/30) 52-55	\$27.00
Men's Long Sleeve Sport Shirt Colors: Black, Red, Stone	SIZE Chest	<b>XS</b> 39	<b>S</b> 42	<b>M</b> 44	<b>L</b> 48	<b>XL</b> 52		<b>2XL</b> 55	<b>3XL</b> 58	\$29.00
Ladies' Long Sleeve Sport Shirt Colors: Black, Red	SIZE Bust	<b>XS</b> (2) 32-34	<b>\$</b> (4/6) 35-36	<b>M</b> (8/10) 37-38	<b>L</b> (12/14) 39-41	<b>XL</b> (16/18) 42-44	<b>XXL</b> (20/22) 45-47	<b>3X</b> (24/26) 48-51	<b>4X</b> (28/30) 52-55	\$29.00
Sweatshirt (Unisex) Colors: Black, Red, Sand (no Sand 3XL)	SIZE		S	М	L	XL		2XL	3XL	\$24.00
Cap (One Size) Black, Khaki, Red, Stone									\$15.00	
Tote Bag Colors: Black, Red, Stone								\$15.00		
Collapsible Pet Travel Bowl (Red only)	apsible Pet Travel Bowl (Red only) Silkscreened logo								\$ 5.00	

PLEASE ADD: \$4 for 1st item + \$3 for 2nd + \$1 for each additional item (for bowls only, postage is \$2.00)

Prices valid through 12/31/17 These prices supersede all previous order forms.

SUBTOTAL

SHIPPING

TOTAL

# PET-A-PET CLUB, INC. PO BOX 530356 LIVONIA MI 48153-0356 RETURN SERVICE REQUESTED

#### MISSION STATEMENT

The Pet-A-Pet Club, Inc. is a non - profit organization. Members of the Pet-A-Pet Club commit themselves to encouraging the humananimal bond by educating the public regarding the health benefits of exposure to animals. We will do so by exposing those individuals who are least likely to have benefit of contact with pets to animals that best express the most positive attributes of living, affectionate and entertaining creatures.

# The Origins of Dog Expressions

Dog Days: The ancient Romans noticed that the period running from late July through late August were the hottest days of the year, and coincided with the brilliant Dog Star (known in astronomy as Sirius, aka The Great Dog) being in the same part of the sky as the sun. They

thought the star helped intensify the sun's heat. So, from the first part of the 1500s this period of very hot days was called *dies caniculares* translated as Dog Days.

Let Sleeping Dogs Lie: This phrase was originated by the famous English writer Chaucer in the 14th century and appeared in one of his famous plays "Troilus and Crisedye" in which it was written in archaic English: "It is naught good a sleeping hound to wake". In the

famous book David Copperfield written by Charles Dickens the phrase took on a different

meaning to which it still remains: "Leave well alone. If your course of action is likely to cause trouble, let things be as they are".

Gone to the Dogs: This expression can be found in many historical archives relating to the 16th century in England where it was a common sight to see homeless dogs roaming the streets of the

local towns. And so, whenever any man or woman was seen to be in a state of such impoverished need, they were compared to the unhappy existence of a dog, and onlookers would say that they have gone to the dogs; in other words, to live like a homeless dog.

Hair of the Dog: This phrase bears no relevance to the canine world, but originated from a poem by the Greek comic dramatist, Aristophanes who wrote: "Take the hair, it's well written, of the dog by which you're bitten, work off one wine by his brother,

In ancient folk wisdom a specific remedy for a dog bite was hair from the dog that bit you; the hair (often burned first)

and one labor with another...

was applied to the wound." However, today it is used to suggest, when someone has a hangover, that a small drink of alcohol will cure it.

It's a Dog's Life: Although this expression is now commonly associated with dogs being protected and pampered by their owners, the phrase was first recorded in the 16th century whereby it literally meant, at that time, "life of misery". It originated in days when dogs were kept more as watchdogs, not as pets. They weren't often allowed in houses, but kept in kennels, fed scraps and worked hard.