#### August 2019



# e Pet-A-Pet Gazette



A Publication of The Pet-A-Pet Club, Inc.

## President's Message

Hello Pet-A-Pet volunteers!

I hope everyone is enjoying (or tolerating) the heat we've had so far! Our picnic was a blast and I loved seeing many of you there. We added games and much more prizes and our furry prize winners couldn't be more proud! If you had a chance to join, thank you so much for making it out. If you have any feedback for next year's annual picnic, I'd love to hear it. You can reach me at (313) 595-4402 or via email at yesmeenj@gmail.com.

I'd also like to say a special thanks to our newest board member and the person who helped make our picnic even better; Agnes Seefried. Thank you for stepping up and helping in such a big way. It's appreciated!

If anyone else is looking to come onto the board as well or for any other volunteer/coordinator position, let me know!

Yesmeen Abdullatif

## **Coordinators**

**Dear Coordinators:** 

Please Do NOT turn anyone away from volunteering. HELP them find a different location to join Pet-A- Pet.

Make sure YOU are registered for the next year, and your volunteers are also on the registrar's list. If she does not have the paperwork, the Club's insurance does not cover you or them. June 30 was the due date.

Please encourage your volunteers to participate in the special events. We are looking for more volunteers to fulfill facility requests and special events. We need your help, even if you only go to one, it helps our organization.

Have a terrific fall visitation season!

Pat Glinski Director of Coordinators

## Special Event: Wednesday, August 28, 2019

10:30 AM to 12:30 PM • Rochester High School • 180 S. Livernois Road, Rochester Hills Volunteer teams are needed for Rochester Community Schools Health & Wellness Fair. This opening day event welcomes approximately 1,500 teachers, administrators, and support staff. To join in please contact Susan Doane at ts3821@comcast.net or call 248-877-7122. See more events listed inside.

## **Welcome New Members!**

"Dublin" joins Lisa Anderson
"Finnegan" joins Chantel Blaylock
"Reed" joins Lorri Chuckran
Jackie Bromm and "Dudley"
Janice Davis and "Kolton"
Mirijam Garske and "Nova"
Brenda Kieswetter and "Merlin"
Konrad Maslanek and "Kodi"
Alona Morachevska and "Phily"
Pam Pelon and "Gus"
Rhonda Rysztak and
"Stella", "Joy", "Big Guy" & "Sara"

"Tanner" joins Pauline Sabatini

"Sundance" joins Karen Satterfield

Nathan & Andra Shipley and "Lucy Lou"

"Nikita" joins Patricia Southall

James White and "Pearl"

Dianne Wittbrodt and "Lucky"

"Linda" joins Mike & Nediel Wunder

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## Board of Directors & Committee Chairs through June 30, 2020

#### **President**

Yesmeen Abdullatif 313-595-4402 yesmeenj@gmail.com

#### Secretary

Lori Clinton 313-533-0222 therapydog@aol.com

#### Treasurer/Registrar

Lyn Ehrman 734-748-7298 lynehrman@yahoo.com 11864 Butternut Ave Plymouth MI 48170-4503

#### **Director of Coordinators**

Pat Glinski 313-414-6336 pgglinski@yahoo.com

#### Pet-A-Pet Store

Cathy Totzkay 810-229-5219 cmtotzkay@sbcglobal.net

#### **Special Events**

Cari Cook 330-464-6652 pekepoomom@gmail.com

#### Web Site/Newsletter

Send updates to Lauren Paul LMPaul@comcast.net

#### **Donation Secretary**

Agnes Seefried agnes.seefried@dxc.com

Liz Raeside lizraeside@gmail.com

## **Contributions**

## To make a donation or memorial contribution:

- 1. Make check payable to Pet-A-Pet Club Inc. (Please do not send cash.)
- 2. Add the name of the person or pet being remembered; specify honor or memory
- 3. Add the name & address of the person to whom the acknowledgement will be sent
- 4. Add your own name and address
- 5. Mail to: PET-A-PET CLUB INC.

PO BOX 530356 LIVONIA MI 48153-0356

An acknowledgment will be sent to the honoree or family.

The Pet-A-Pet Club is a 509(a)(2) non-profit corporation under the umbrella of 501(c)(3). All donations are tax-deductible.

#### Donations may now be made with









Our PayPal account is petapet.org@gmail.com

# Newsletter Information

The Pet-A-Pet Gazette is published three times per year in April, August and December. Deadline for submissions is the 15th of the month prior to publication.

#### **NEXT ISSUE DEADLINE: Nov. 15, 2019**

#### **SUBMISSIONS**

Send clear, sharp, good-contrast photos for best printing results. Please use highest resolution possible when taking digital photos. When scanning, use at least 300 dpi and save as jpeg file 100% of size (in inches) or as close as possible.

#### **Submissions/Questions:**

petapetnewsletter@gmail.com

Release Form must be signed and submitted with all photos.

All persons shown in the photo must sign a release form.

Members have signed release on registration forms.

## Please Join Kroger Community Rewards



Kroger Community Rewards is a free program that lets the Pet-A-Pet Club earn needed money each quarter based on registered customers' purchases. We could earn much more with your help.

With your **Kroger Plus Card** register your account online account at Kroger.com. Just go to www.krogercommunityrewards.com) and follow the instructions. The Pet-A-Pet Club's **NPO number** is **TX120**. Those without internet may call 1-877-745-7444 to sign up. Then just use your Kroger Plus card (or enter your alternate ID) each time you shop.

#### Please consider these benefits:

- Pet-A-Pet Club earns donations based on all purchases (even gift cards).
- You earn gasoline discounts at Kroger and Shell stations.
- It's easy and costs you nothing!
- Annual re-enrollment is now automatic.

Please tell your family and friends how they can help the Pet-A-Pet Club when shopping at Kroger.

## **Coordinator Notes**

#### **New Coordinators Desperately Needed!**

Please see the list of facilities on this page. More are added every month. Please encourage your members to become coordinators. That's the only way we can keep growing.

#### **Insurance Certificates**

**Coordinators:** If your facility is requesting a certificate showing that Pet-A-Pet carries liability insurance, please contact our treasurer, Lyn Ehrman (see page 2). The treasurer will notify our insurance agency and the certificate of insurance will be sent to your facility.

#### The following information is required:

- The complete name, street address, city, state and ZIP code of the facility.
- The complete name, title, telephone number and email address of the facility employee who is requesting or should receive the certificate.

**Please note:** We currently renew our insurance policy in December. The certificate will show that a policy is in force until December.

Pet-A-Pet Club policy is that only scheduled group visits are covered under our insurance.

#### Help us keep up to date:

- Please fill out and submit the Coordinator/Facility form annually, when sending renewals. Send all coordinator forms, registration forms and dues to Lyn Ehrman.
- Remind your volunteers to notify Lyn of any change of address or contact information.
- If you need additional registration forms, contact Pat Glinski

#### Remember

- Pet scarves should be ordered from Cathy Totzkay for new volunteers. Pets are to wear their scarves on visits and handlers should wear a Pet-A-Pet button (Cathy has these also), if they don't have a club shirt.
- If you notice any errors on the **web site** schedule, please contact **Lauren Paul**.
- Please review your facility listings (pp. 6-7) and send any corrections, additions or deletions for the next newsletter to <u>petapetnewsletter@gmail.com</u>.

Note: If additional volunteers are not needed at your facility, please refer the potential member to another facility/coordinator in your area, or direct them to our web site. PLEASE don't send a potential new member away!

We have many places asking us to come, we don't have enough people to fill requests. Welcome new teams - you may not need them, but Pet-A-Pet sure does!

Thank you for your service in the Pet-A-Pet Club.

We couldn't do it without you!

## Become a Coordinator!

If you are an active volunteer near any of these facilities, please consider coordinating. It's not difficult.

The requirements for a member to become a coordinator have been updated. Please see the Policies on the next page. If you are able to help, please contact Pat Glinski (see page 2).

See Visitation Schedule for facilities needing more volunteers.

#### FACILITIES REQUESTING VISITS rev. 07/2019

**Advantage Living Center of Southgate** 

Alternative Services, Inc. of Michigan, DeWitt Developmental Disability

American House East, Roseville

**American House Senior Living, Bloomfield Hills** 

**Beacon Hill Assisted Living, Northville** 

Blue Water Choices, Marine City Developmental Disability

**Cambridge East Healthcare Center, Madison Heights** 

**Courtyard Manor of Farmington Hills** 

Detroit Center City Community Mental Health Center

Glacier Hills Assisted Living, Ann Arbor

Grand Court of Novi Assisted Living

**Greenwood Villa, Westland Senior Community** 

Heatherwood Retirement, Southfield

Living & Learning Enrichment Center, Northville

Magnolia by the Lakes, Keego Harbor Senior Community

**Manor of Southgate Skilled Nursing & Rehab** 

**McAuley Center, Farmington Hills** 

Notting Hill of West Bloomfield Nursing & Rehab

Oakmont Communities, Livonia

Oakridge Manor Nursing & Rehab, Ferndale

Oakdale Recovery Center, Canton

Old Village/Cooke School, Northville

Park Place Heritage Village, Warren

Passion & Caring Home for Elderly, Detroit

Regency at Canton, Canton

Regency at Bluffs Park, Ann Arbor

Sanctuary at Villa Marie, Livonia Senior Living Community

Solaire Active Adult Community, Southfield

St Anne's Convalescent Center, Detroit

Troy Public Library Read to a Dog Program

Village of Peace Manor, Clinton Township

The Village of Westland Senior Living Community

Waltonwood at Cherry Hill, Canton

Waltonwood Royal Oak, Assisted Living

West Oaks Senior Care & Rehab, Southfield

Vista Springs, Howell (Assisted Living)

White Pine Nursing Facility, Howell

## Pet-A-Pet Club Policies - Revised 07/2019

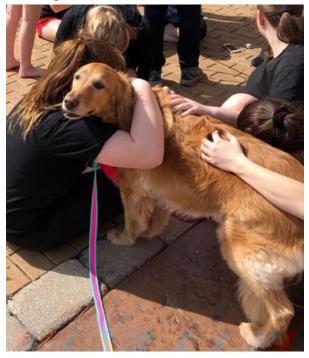
- 1) The current membership dues shall be paid for each pet that is participating in the Club. In the event that a person is participating in the Club without a pet ("supporting member"), that person shall pay the current annual dues. The fiscal year runs July 1 to June 30. Dues shall be collected yearly by June 30. Dues paid starting on March 1 through June 30 shall be credited through June of the following year.
- 2) Health Requirements for all participating animals in the Pet-A-Pet Club activities are as follows:
  - a. Annual veterinary examination and certification and current rabies vaccine as required by state law
  - b. Canine influenza and Bordetella vaccines are highly recommended.
- 3) All adult handlers/volunteers accompanying pets must sign the registration form to participate in visits.
- 4) Volunteer teams are NOT to visit any Emergency or Trauma Centers, Labor & Delivery or Surgery Departments.
- 5) All members shall be reminded to wear closed-toed shoes for their protection.
- 6) If you are ill, notify your coordinator and skip that visit. Please maintain good communication with your coordinator.
- 7) If any facility has health and/or safety requirements for visitation, it is up to the volunteer to abide by those rules, or choose to change to a different facility to visit.
- 8) Animals must be on a leash no longer than six-foot at all times, kept under control and close to their owners at all times during a scheduled visit. The use of a retractable leash, i.e. "Flexi" leash, shall not be permitted during a scheduled visit or at any club function.
- 9) Formal obedience training is not a requirement; however the pet must be kept under excellent control and at the handler's side. An understanding of basic obedience commands is preferred, but not required. A calm, friendly, outgoing personality is more important than perfect performance. Handlers accept full responsibility for their animals' actions and must be in control of their animals at all times.
- 10) Requirements for a member to become a coordinator:
  - a. Must have reference by volunteer's current coordinator
  - b. Must have attended minimum of 6 visitations
  - c. Must be a member in good standing for at least 6 months
  - d. Must have paperwork orientation by referring coordinator or Coordinator Director
  - e. Must be replacing a retiring coordinator or starting visits at a new facility
  - f. There should be a minimum of two pet & handler teams to start visits at a new facility.
  - g. The Board shall have final approval of new coordinators and any visits outside of the guidelines above.
- 11) Coordinator packets shall be distributed by March of each year. Packets will also be distributed whenever a volunteer becomes a new coordinator at any time during the year. The packets shall include a copy of the following:
  - a. Coordinator's Duties
  - b. Coordinator and Facility Information Form
  - c. Pet-A-Pet Club Policies
  - d. Registration Forms for volunteers (3-part)
  - e. Mission Statement / Introduction to the Club (includes Pet Screening Information)
  - f. Scarf Order Form for the coordinator
  - g. Apparel Order Form for the volunteers
  - h. Newsletter Deadline & Submission information / Photo Release Form
- 12) In addition to their copy of the Registration Form, new members should receive copies of:
  - a. Introduction to the Club with Requirements for Animal Volunteers
  - b. Pet-A-Pet Club Policies (07/19 revision, unless current update appears on back of registration form)
  - c. Apparel Order Form
- 13) The Pet-A-Pet Gazette (Club newsletter) shall be distributed 3 times per year with April, August and December being the targeted months.
- 14) Notification of the Annual Meeting will be listed in the April newsletter. Any candidates interested in running for election on the Board should notify a Board member. Nominations will be taken from the floor at the Annual Meeting.
- 15) In the event of a vacancy on the Board, the Board of Directors will meet to select and discuss possible candidates. The candidates will then be invited to attend the next scheduled Board meeting to meet the Board and/or be interviewed.

## **Volunteer Visits**

## L'Anse Creuse High School

Pat Southall's Golden Retriever, Alexa, enjoyed lots of love on her visit to the school. Looks like the students couldn't get enough of her.





## SKLD on Haggerty in Plymouth



Visiting with Iris Martin are L: Yellow Lab Tiffany (Chris McCoullum) and Great Pyrenees Bella (Neidel Wunder)

R: Annie (Lyn Ehrman)



## In Memoriam

#### **Marg Baughman**



Marg Baughman ran the Pet-A-Pet visits at American house in Sterling Heights. After a short illness in April-June 2, 2019 she passed away. She really loved taking her dog Annie and her grand dog Taz to Pet-A-Pet every Monday for the last few years of her life after her husband passed away in February 2013.



Submitted by Matt Baughman

## **Donations**

Received from: In Memory of:

Sheila Jordan & J.A. Leveski Joann Bryant, Pet-A-Pet member

Richard & Trudy Miller Joann Bryant Scott & Elizabeth Miller Joann Bryant



Alan Hitsky Rusty, loving companion of Alan & Debbie Hitsky

Lauren Paul Scooter, loving companion of Beth Jansen

## **Musings**

Richard Biby, Contributing Editor, Versatile Hunting Dog Magazine, February 2006

From time to time, people tell me, "Lighten up, it's just a dog," or, "That's a lot of money for just a dog." They don't understand the distance traveled, the time spent, or the costs involved for "just a dog." Some of my proudest moments have come about with "just a dog." Many hours have passed and my only company was "just a dog," but I did not once feel slighted. Some of my saddest moments have been brought about by "just a dog," and in those days of darkness, the gentle touch of "just a dog" gave me comfort and reason to overcome the day.

If you, too, think it's "just a dog," then you will probably understand phases like "just a friend," "just a sunrise," or "just a promise." "Just a dog" brings into my life the very essence of friendship, trust, and pure unbridled joy. "Just a dog" brings out the compassion and patience that make me a better person. Because of "just a dog" I will rise early, take long walks and look longingly to the future. So for me and folks like me, it's not "just a dog" but an embodiment of all the hopes and dreams of the future, the fond memories of the past, and the pure joy of the moment. "Just a dog" brings out what's good in me and diverts my thoughts away from myself and the worries of the day.

I hope that someday they can understand that it's not "just a dog" but the thing that gives me humanity and keeps me from being "just a man." So the next time you hear the phrase "just a dog" just smile, because they "just don't understand."

## Rainbow Bridge

#### In Memory of Rusty





Rusty Hitsky was Pet-A-Pet volunteer for 8½ years, from the time he rescued Alan and Debbie Hitsky at the age of 3. He enjoyed visiting the seniors at American House in West Bloomfield for about 5 years, then switched to Lahser Hills Care Center in Southfield. He enjoyed people, dogs and cats and the one time he caught a squirrel he tried to play frisbee with him, much to the squirrel's happiness.

Rusty often confused his fan clubs at the nursing homes because he always wanted his rear scratched, rather than his head, but the people knew his name and always looked forward to seeing him. Diagnosed with cancer last November, he continued to volunteer right to the end of his life in May.

Alan served on the Pet-A-Pet Club board for many years and we thank him for his dedication and service as Treasurer and Coordinator. -Ed.





#### In Memory of Scooter

Beth Jansen adopted Scooter the Pomeranian at about 1 year of age. Since then he was a busy volunteer for many years. He was always a popular visitor at the Milford and White Lake

locations.



Everyone enjoyed his 'little tough guy' act, but he was a sweetie. He is missed by everyone who got to know him.

Lauren Paul Coordinator

#### In Memory of Jill

One of our group's volunteers, Janice Kay, recently lost her beloved Golden Retriever, JILL.

Janice and Jill had been loyal volunteers for over 10 years.

Jill was a sweet, gentle dog who brought many smiles to the residents of The Village Of East Harbor in Chesterfield. She will be missed.

Mary Jackson Coordinator



"All dogs go to Heaven, because we're not the ones who screwed up."

## Pet-A-Pet Visitation Schedule revised July 2019

#### Armada

McLaren Hospice-Advantage Living Every Monday 10:30 AM Lee Ann Bartley, 586-295-8710

#### **Auburn Hills**

Auburn Hills Community Center Last Wednesday 12:30 PM Pat McNulty 248-651-5171

First & Main

Last Wednesday 10:00 AM Pat McNulty 248-651-5171

#### **Bloomfield Hills**

SKLD \*

1st Wednesday 10:30 AM Cathy Baker 248-528-8010

## **Brighton**

Caretel Inns of Brighton Every Monday 2:00 PM Cathy Totzkay, 810-229-5219

Willowbrook Rehab ★
Every Thursday 2:00 PM
Jennifer Brent, 317-459-6496

#### Chesterfield

Village of East Harbor 2nd Friday 9:30 AM Mary Jackson, 586-468-2935

Chesterfield Township Library 2nd Tuesday 5:30 PM Lee Ann Bartley, 586-295-8710 No additional volunteers needed at this time

McLaren Hospice-Village of East Harbor

Every Monday 11:30 AM Lee Ann Bartley, 586-295-8710

## **Clinton Township**

Clinton Macomb Library South Branch "Paws For Reading" 2nd and/or 4th Monday 6:30 PM Mary Jackson, 586-468-2935

## **Commerce Township**

First & Main of Commerce Township 1st Saturday 10:00 AM Lauren Paul, 248-684-2460 Westlake Health Campus 3rd Saturday 10:00 AM Lauren Paul, 248-684-2460

#### Dearborn

Oakwood Commons Skilled Nursing & Rehab \* 1st & 3rd Wednesday 6:30 PM (Sept-June) Lisa Jacques 313-292-4052

Beaumont Oakwood - Main ★
Beaumont Hospital
1st & 3rd Wednesday 10:00 AM
Lisa Jacques 313-292-4052

#### **Detroit/Redford**

Rehabilitation Institute of MI ★ 1st Friday 10:00 AM Lori Clinton, 313-533-0222

**Village of Redford** 2nd & 4th Tuesday 1:30 PM Rose Stachowski, 734-306-3015

## Farmington / Farm. Hills

Gill School

(Farmington Community Schools) 3rd Wednesday 1:00 PM Judy Kirkeby, 313-278-4670

Medilodge of Farmington 1st Wednesday 10:30 AM Lori Clinton, 313-533-0222

## **Garden City**

Garden City Hospital Rehab 2nd & 4th Thursday (no holidays) 3:30 PM Mary Bogush, 248-589-0689 / 248-250-4277

#### **Lake Orion**

Lake OrionNursing Center Last Monday 10:30 AM Karen Kroll, 248-231-4315

#### Livonia

American House II 2nd Saturday 9:30 AM Pat Sheplow, 734-427-8661

Lutheran Home of Livonia 2nd & 4th Mondays 10:30 AM Rose Stachowski, 734-306-3015

Manoogian Manor 1st & Last Wednesday 1:30 PM Rose Stachowski, 734-306-3015 Marywood Nursing Care Center 1st & 3rd Saturday 10:00 AM Lisa Anderson, 248-894-3964

**Woodhaven Retirement Community** 1st and 3rd Saturdays 10:00 AM Laurie Patterson, 734-953-0438

#### **Midland**

**Brittany Manor Nursing Home** 2nd Saturday 10:00 AM Sanjeeva Wijeyesakere, 734-985-0108

#### Milford

Mediloge of Milford 1st & 3rd Monday 10:00 AM

**Riverside Retirement Home** 1st Wednesday 10:00 AM

West Hickory Haven Nursing Home 2nd Tuesday 9:30 AM For all Milford locations contact: Lauren Paul, 248-684-2460

#### **New Baltimore**

**Grace Premier Assisted Living** 2nd Friday 11:00 AM Lee Ann Bartley, 586-295-8710

McLaren Hospice - Grace Premier Assisted Living Every Tuesday, 10:30 AM Lee Ann Bartley, 586-295-8710

#### **Northville**

Addington Place 2nd & 4th Monday 2:00 PM Coordinator Needed

#### Novi

Manor of Novi 1st & 2nd Saturday 10:00 AM Sharron Disbro, 734-449-8339

Waltonwood at Twelve Oaks 2nd Saturday 4:00 PM Lisa Volker, 248-960-1838

## **Plymouth**

Heartland Plymouth Court 2nd Tuesday 6:30 PM 4th Wednesday 6:30 PM Lyn Ehrman, 734-748-7298

## **Pet-A-Pet Visitation Schedule**

## **Pontiac**

**Euro-Peds Intensive Pediatric PT** Every Wednesday, 10:00 AM Jack Zahn, 248-674-0256

#### St. Joseph Mercy Hospital

3rd Thursday 6:30 PM 2nd & 4th Monday 2:00 PM Liz Raeside, 248-670-3217

4th Tuesday 6:30 PM Larry Gatzmyer, 248-618-1118

2nd Wednesday, 3:00 PM Kathy von Foerster, 248-701-4792

# Rochester & Rochester Hills

**Reuther Middle School** (Special Needs) 3rd Thursday 9:45 AM

RHS Autism & CI 3rd Monday 10:45 AM

Adult Transition Program & Services Last Friday 10:00 AM

These facilities visit Sept-May Susan Doane, 248-877-7122

Waltonwood at University 2nd Wednesday 10:00 AM Pat McNulty, 248-651-5171

#### **Romulus**

Special Tree Neuro Care
1st & 3rd Wednesday, 6:30 PM
Christopher McCollum, 734-323-4290
Volunteers needed

### **Saint Clair Shores**

Shore Pointe Village 1st Thursday 6:00PM Shorepoint Nursing Care Center 1st Thursday 6:30 PM Bernadine Hernden, 586-293-5262

#### Southfield

Lahser Hills Care Center
3rd Saturday 2:00 PM September - May
New Coordinator Needed

St. John Providence Hospital - Rehab 1st Tuesday 11:00 AM 3rd Sunday 4:00 PM Karen Zylman, 248-849-8063 or bzylman@twmi.rr.com

## **Sterling Heights**

Waltonwood at Lakeside 3rd Wednesday 10:00 AM

Harbor Chase of Sterling Heights 3rd Wednesday 11:00 AM Elaine Chiappetta, 586-247-5324

## **Taylor**

Beaumont Heritage Hospital - Mental Health ★

2nd & 4th Tuesday 4:00 -4:45 PM Lisa Jacques, 313-292-4052

**Beaumont Heritage Rehab** \* 2nd & 4th Tuesday 6:00 PM Lisa Jacques, 313-292-4052

## **Troy**

Brookdale

2nd Wednesday 10:50 AM Cathy Baker, 248-528-8010

**Troy Center for Transition** 1st Friday 10:00 AM Susan Doane, 248-877-7122

#### Warren

Arbor Inn

2nd Thursday 7:00 PM Bernadine Hernden, 586-293-5262

**Ascension Macomb-Oakland Hospital** 3rd Thursday 6:30 PM Karen Kline 586-202-5108

#### **Waterford**

Canterbury on the Lake Schedule to be determined Jack Zahn, 248-674-0256

#### Wayne

Advantage Living Center - Wayne 1st & 3rd Thursday 10:30 AM 3rd Saturday 10:30 AM Judy Kirkeby, 313-278-4670

Pine Creek Manor 4th Saturday 10:30 AM Judy Kirkeby, 313-278-4670

## **West Bloomfield**

American House

2nd Saturday 11:00 AM Lisa Kennedy, 248-321-7467

#### Westland

Four Chaplains

1st & 3rd Thursday 10:00 AM Lorna Johnson, 734-425-1681 NEW COORDINATOR NEEDED!

#### White Lake

Houghton Elementary School Every Monday 1:30 - 3:00 PM Jack Zahn, 248-674-0256

**The Neighborhoods of White Lake** 4th Tuesday 10:00 AM Lauren Paul, 248-684-2460

## **Ypsilanti**

Superior Woods Healthcare Assisted Living 2nd Saturday 10:00 AM Debra Buck, 517-451-5171 Additional volunteers needed

# Coordinators & Volunteers Needed!

Let's brighten more days!

Please consider volunteering at another location or even becoming a coordinator at a facility of your own. There are many facilities in need of coordinators and volunteers. (See list on page 3.)



## Dog Hair or Dog Fur: Is There a Difference?

A dog's coat is one of its most identifiable physical characteristics. Whether it's scruffy or silky, long or short, almost every dog is covered in hair — and so are most owner's homes. While we don't need to be professional groomers to be familiar with a canine's follicles, most people tend to use the terms "hair" and "fur" interchangeably when referring to their dog. But should they?

Dr. Cherie Pucheu-Haston, an associate professor of veterinary dermatology and immunology at the Louisiana State University School of Veterinary Medicine, says an appropriate way to consider the subtle differences between dog hair and fur is based on the number of strands that come from a single follicle opening.

"People will use the term 'hair' for animals that have 'simple' hair follicles, which means only one hair exits per hair follicle opening. This includes humans, horses, and many cattle," she says. "In contrast, the term 'fur' is often used in animals that have 'compound' hair follicles, in which multiple hairs emerge from the same hair follicle opening. This includes dogs and cats."

Dogs have multiple layers of hair, which as a whole is considered fur, says Dr. Lara Sypniewski, clinical associate professor and chair of the Henthorne Clinical Professorship of Small Animal Medicine at Oklahoma State University.

"Dogs have primary, secondary and tertiary hair. Humans only have tertiary hair, therefore we do not have fur," she says. "Essentially, they are the same, dogs just have more layers."

Fur can look and feel wildly different within the canine family. Pucheu-Haston says it's unknown why fur grows differently between breeds, but that three phases of fur growth can help explain the looks and grooming requirements of certain dogs. Anagen is the "active growth" phase of fur growth, she says, while the "resting" phase is called telogen and the phase in between both stages is called catagen.

Most dogs will spend different amounts of time in each phase. Poodles spend most of their lives in the anagen growth phase, Pucheu-Haston says. This can explain why they tend to shed less, and what little fur these dogs do shed can sometimes get caught up in the constantly growing follicles, requiring regular grooming.

Longer-haired breeds, including

John Gilpatrick



Samoyeds and Chow Chows, spend most of their time in the telogen phase, Pucheu-Haston says, which is defined by a lack of new growth rather than shedding. They will eventually shed much of their fur, but they might spend months or longer in this period, which is why we often see them with such long coats.

Though a dog's coat might vary by breed, there's nothing about its fur that speaks to its allergenic or hypoallergenic qualities.

"Knowing humans are often allergic to dog proteins found in saliva and dander, a hypoallergenic hair coat is simply impossible," says Dr. Michael Lorenz, a retired professor and dean of veterinary medicine at Oklahoma State University. "Owners can potentially reduce dander and shedding through good grooming practices, including routine brushing and bathing."

Maintaining the dog's fur is critical to his or her overall health, as well. After all, Sypniewski says, "the skin is the largest organ in the body, and the hair coat is a representation of skin health."

Here are three conditions that affect the coat that owners should be on the lookout for:

#### Matting

One of the most common problems — and one that can impact any dog with medium to long coats — is matting. While it might not sound like anything more than a cosmetic problem, it can be painful for dogs and can lead to more serious problems if untreated.

"Mats can be somewhat uncomfortable, as the wadded-up hair can pull when the animal

is moving. In bad cases, mats can interfere with the animal's ability to move," Pucheu-Haston says. "In addition, the dense matted hair traps moisture, dirt, debris, and parasites and holds them all close to the skin. In some cases, maggot infestations can develop under the mats."

Dogs with coats that are susceptible to matting should be checked frequently for matting. This can be done visually, but the best method is simply running your hands through the dog's coat. Any areas where your fingers can't slip cleanly through the fur and touch the skin should be inspected more carefully for the development of tangles or mats, which can feel like cotton balls caught up in the fur, Pucheu-Haston says.

The most common areas where mats are found on a dog's body include around the anus, under the tail, over the hips, and on the belly. Frequent brushing and bathing are the best ways to prevent matting altogether.

#### **Allergies**

Sypniewski says seasonal allergies, or atopy, can cause intense itching and make the skin susceptible to bacterial and yeast conditions.

Additionally, allergic reactions to foods may manifest themselves on the skin through itchiness, loss of fur, or scabs or hot spots (where dogs lick excessively due to allergy-related discomfort). A diet that's anchored by a high-quality protein source and fatty acids should go a long way toward keeping your dog's coat and skin healthy, Sypniewski says, but if you notice any signs of allergic reactions after changing foods or introducing new ones, you should make note of this and discuss it with your vet in a timely fashion.

#### **Skin Tumors**

While maintaining a clean healthy coat won't prevent these, it's nonetheless important that you monitor a dog's coat and skin closely in order to identify growths that may be cancerous so that you can have them examined by a vet in a timely fashion, Sypniewski says.

"When owners groom their pets often they are able to recognize the presence of any growth on or below the skin," she adds. "Although most canine skin tumors are benign, it is essential that a veterinarian evaluate the lesion and confirm that it is a benign growth. Malignant skin tumors do occur and are best managed when they are small."

#### www.pawculture.com

John Gilpatrick is a freelance writer who thinks bunnies make the best pets.

Website

## How to Recognize Skin Cancer in Dogs

By Hannah Miller, Pet Business

While pet parents may be under the impression that dogs are protected from the sun by their fur, this is not the case. Just like humans, dogs can suffer from skin cancer. Pet parents should know the symptoms, treatments and prevention tactics for this scary health condition.



Skin tumors are the most common type of tumor found in dogs, according to <a href="WebMD Pet">WebMD Pet</a>. While not all canine skin cancers are caused by sun exposure, damage caused

by sunburns can still put them at a greater risk for this disease. Areas on a dog's body that are not covered with fur, such as the nose and ears, are more likely to experience sun damage. Dogs with less fur and coats that are thin and lighter in color are also less shielded from the sun.

Certain breeds are more susceptible to squamous cell carcinoma, a type of skin cancer that often develops from sun damage. These breeds include Keeshonds, Standard Schnauzers, Basset Hounds, Collies, Dalmatians, Bull Terriers and Beagles. The age group most likely to develop this cancer is 6-10 years old.

Different types of skin cancer have different appearances. Malignant dog melanomas are often dark in color and occur in the mouth, on the lips, in toenail beds and on foot pads—they are sometimes misdiagnosed as foot infections. Squamous cell carcinomas can look like warts—they are raised and firm. They often appear on the abdomen and around the genitals. If they are on the feet, they can cause a painful limp. Mast cell tumors can develop into inflamed, open sores. They are usually found on a dog's trunk.

There are skin cancer treatment options for canines that mirror those for humans. Tumors can be removed surgically. Chemotherapy and/or radiation treatment is often used in conjunction with surgery. There's even a vaccine that can be

administered to cause a dog's immune system to attack tumor cells—this method has been helpful for dogs with oral melanoma.

Pet parents should have their veterinarians check out any new growths on a dog's skin. They can also take precautions to prevent skin cancer in the first place. They can apply sunscreen specially formulated for dogs such as Warren London Dog

Sunscreen. They should test any sunblock on a small area of the pet's skin first to make sure there's no bad reaction and focus on sunsensitive areas such as the nose, around the lips, the tips of the ears,



the groin and the stomach without getting any in the eyes.

Pet parents can also limit their dog's time outside from 10 a.m. to 4 p.m., which is the time for peak sun exposure. If dogs are spending the day outside, they can wear sun protection garments like <u>EzyDog's Rashies</u>, which are made from fast-

drying, stretchable fabric that provides 50+ UV protection and prevents heat rash. With these methods in mind, pet parents can keep their pooches safe during summer fun.



Source: www.petbusiness.com



## Does Your Dog REALLY Want to be Petted?

Newsflash. Not all dogs want to be Here is a short list of body language petted. There are lots of dogs enjoying petting. But thev aren't. This is another one of those disconnects between dog and people language. People who adore their dogs-and whose dogs love them-post videos of said dogs saying in every polite way they know how that they would like the human to STOP.

And in all of the millions of videos on YouTube, I haven't found one that explains a way to tell if a dog enjoys petting. Since this is Dog/ Human Communication 101, I took a stab at it.

I made a video that demonstrates a "Consent Test" for petting. Consent Test is a way to tell if a dog likes something. It's very simple. If you cause the activity to stop, does the dog take action to make it start again?

I didn't invent this, of course. Jean Donaldson describes this technique Oh Behave (actually with humping, to see if the humpee minds). Many trainers use it as a way to tell whether rough or onesided looking dog play is enjoyable for the smaller or less assertive dog. You remove the stronger/more active/suspected bully dog from the situation and see whether the other dog tries to re-initiate play with him or her. If you were unsure about both dogs, you could try the test each way.

Some people learn about it in a formal way, and some people just intuit it as a way to understand the communication of a non-verbal animal. It's one of those things that seems obvious to do after you hear about it or figure it out.

In the video I show the petting consent test with two of my dogs. Zani says, "No" to more petting. Summer says, "Yes." I go over some basic body language that supports their answers.

indicators, yea or nay, for petting. Of whose owners think they are course all of them vary with individual dogs, and context is very important. These generally accepted are observations but not set in stone.

#### **Dog Likes Petting**

- They initiate it by moving into your
- They put their head or body under your hand
- They pull your hand toward them with their paw
- The muscles of their face are relaxed
- Their eyes get droopy
- They flop their body down like a rag doll
- They flop their body onto YOU

#### Dog Doesn't Like Petting

- They duck their head away when you reach for them
- They move away
- They look away
- They leave the area
- They yawn
- They scratch themselves
- They lick their lips
- They lift a paw
- They show "whale eye"



 and of course some more obvious things like growling and snapping

#### Signals that Could Go Either Way

- They lick your hand. This could be "please appeasement, meaning stop." Or with a mouthy dog it could accompany nuzzling into your hand to solicit petting.
- They flip over on their back. This could be an inquinal display, an

- extreme display of appeasement. Or it could be exposing their tummy for petting.
- They push against you with their paws, straightening their legs. This could be a distancing maneuver, but some dogs seem to enjoy it as a way to stretch.
- Lip licking can actually go either way too (one of my dogs smacks her lips in slow motion when she seems to be enjoying petting), but I think is much more common as a stress signal.

In the case of these more ambiguous signals, you need to look for other indications from your dog. In fact, look at the context for all of the signals. Next time you see a dog yawn, you may think, "Oh no, stress!" And miss the fact that the dog just turned three circles in a bed and lay down.

#### Training a Dog to Enjoy Petting or Handling

Petting is a not essential to life with a dog. But a certain amount of handling is necessary for the health of the dog. A dog can learn to enjoy both handling and petting through the use of classical conditioning. A dog taught to accept handling will be much less stressed at vet visits, for example. That's a topic for another day; I just wanted to mention that dogs' preferences (just like humans') are not set in stone.

#### **Educating the Public**

I wish some more folks would publish some videos about petting dogs. I know that in the grand scheme of things there are many worse things that happen to dogs in the world than forced attention. But this is a microcosm of many of the bigger problems. Think how many dogs could have happier lives if their people didn't misunderstand their reactions. It's such a simple thing.

## It's All Fun & Games

#### **Have Fun Unscrambling These Dog Breeds**

- 1. ITERLEWTRO
- 2. ESREOUUGTP ARWTE GDO
- 3. LOD GEHINLS SEGHPOED
- ILKUSA
- DBARARLO IVRRRTEEE
- 6. ENNAIARPMO
- 7. ERMAOBND HNRISCEP
- 8. YHGENRUDO
- 9. OIRVBEU EDS NSLRFEAD
- 10. SEEGIKPNE
- 11. KAAASNL UEAALTMM
- 12. AHHDDSUCN
- 13. NRSALUAATI EESRHDPH
- 14. PEKPSHERCI
- 15. DRBROE OCELIL
- 16. HFNINRFSPEACE
- 17. NBIRSAIE YKHSU
- 18. NAMLTAADI
- 19. LDEGON RVIRERETE
- DNREAHISO KREDACIBG



#### **ANSWER KEY**

**50. RHODESIAN RIDGEBACK** 

19. GOLDEN RETRIEVER

18. DALMATIAN

17. SIBERIAN HUSKY

16. AFFENPINSCHER

15. BORDER COLLIE

14. SCHIPPERKE

13. AUSTRALIAN SHEPHERD

12. DACHSHUND

11. ALASKAN MALAMUTE

10. PEKINGESE

9. BOUVIER DES FLANDRES

8. GREYHOUND

7. DOBERMAN PINSCHER

6. POMERANIAN

**2. LABRADOR RETRIEVER** 

4. SALUKI

3. OLD ENGLISH SHEEPDOG

2. PORTUGUESE WATER DOG

I. ROTTWEILER

## **High-Protein Cheesecake Treats for Dogs**

prep 15 mins | cook 47 mins | total 1 hour, 2 mins | yield 24 mini cheesecakes Source: www.rover.com

#### Ingredients

#### For the crust

1½ cups rolled oats

½ cup unsweetened shredded coconut

2 tbsp coconut oil

1 egg

1 tsp cinnamon

1 tsp honey

#### For the cheesecake

- 2 cups low-fat cottage cheese
- 1 cup plain low-fat Greek yogurt
- 1 tbsp vanilla extract
- 3 tbsp light coconut milk
- 1 large egg
- 3 tbsp flour (we used whole wheat)

#### Instructions

Preheat oven to 350°F

#### For the crust

- In a food processor, pulse coconut and rolled oats together to mix well.
- Add remaining ingredients and pulse just to combine.
- Spoon crust mixture into greased cheesecake or mini muffin tins and tamp down firmly.
- Bake for 12 minutes or until just golden.
- Set aside to cool.

#### For the cheesecake

- In the food processor, pour the cottage cheese and mix until all the curds are smoothed out.
- Add the yogurt and pulse to combine.
- Add the remaining ingredients, and pulse until smooth and combined.
- Pour into cooled tins, filling to just under the top edge of the molds.
- Bake for 35 minutes or until just starting to brown and pull away from the edges of the mold.
- Let cool on the counter until you can touch the pan, then turn out cheese-cakes to chill in the fridge for a few hours before serving. Woof!

## **Upcoming Special Events**

Be on the lookout for the emails to sign-up for these events.



# September 14 & 15 Memorial Park 13 Mile Rd. & Woodward Ave. Royal Oak, MI

Come out to enjoy a locally brewed beer, food and live music while you browse vendor booths with everything from pet-related products to locally made crafts to bottlecap creations and cool wearables for craft beer collectors. Dogs can compete in the Howl-a-ween Costume Contest, Weiner Dog Race, and More.

https://www.royaloakchamber.com/ events/details/barktoberfest-2541



14th Annual
Pet Expo and Adoption Event
Saturday, October 19
10 am - 5 pm
Sunday, October 20
11am - 4pm
Madison Place
876 Horace Brown Drive
Madison Heights, MI

Many local area animal rescues will have adoptable dogs, puppies, cats, kittens, birds, rabbits and guinea pigs available for adoption during the event. This is your opportunity make a real difference. Join us and be their voice at this fun filled, FREE family event!

Our mission this year is to provide low cost microchips to every pet owner so that innocent, lost animals can be returned home instead of ending up on death row in shelters.

Free admission and parking! Pet food donations of sealed cans or bags are greatly appreciated.

http://www.gfapetexpo.org

#### Friday - Sunday, November 15 - 17, 2019

Friday 2:00 p.m.-9:00 p.m.
Saturday 10:00a.m.-9:00p.m.
Sunday 10:00a.m.-5:00p.m.

Suburban Collection Showplace, Novi, MI

https://www.novipetexpo.com/

Join us at the Pet-A-Pet booth to introduce our Club to attendees. Before or after your booth shift, enjoy all the attractions of the Expo.



## **New Pet-A-Pet Collapsible Bowls**

We recently stocked up on this new item. Attach it to your leash, purse, crate, belt, etc. and always have it ready for your thirsty pooch. You can open it half way for a shallow bowl or all the way to use it full-size. It's imprinted with the Pet-A-Pet logo, so you can promote our Club while you keep it handy.

The non-slip bowl is 6.75 inches wide, 2.5 inches high when fully open, 5/8 inch when collapsed; holds 4 cups of food or water and includes carabiner clip to attach to leash, belt, purse, etc. Made with high quality flexible food-grade silicone, 100% lead free, BPA-free, FDA approved. Rinse and wipe clean after use.

Price is \$5 each, same as our previous bowls. Use the order form (next page).





# Pet-A-Pet Club, Inc. Order Form



TOTAL



**Sport shirts:** 65% Cotton/35% Polyester, **T-shirts** and **Sweatshirts:** 50% Cotton/50% Polyester *All apparel items have embroidered logo. Sizes (in inches) are garment measurements.* 

ITEM / STYLE									PRICE	
Unisex T-shirt Colors: Black, Red, Sand	SIZE		s	М	L	XL		2XL	3XL	\$15.00
<b>Ladies' T-shirt</b> Colors: Black, Red	SIZE Chest		<b>S</b> 36	<b>M</b> 40	<b>L</b> 41	<b>XL</b> 44		<b>2XL</b> 47	<b>3XL</b> 50	\$15.00
Men's Short Sleeve Sport Shirt Colors: Black, Red, Stone	SIZE Chest	<b>XS</b> 39	<b>S</b> 42	<b>M</b> 44	<b>L</b> 48	<b>XL</b> 52		<b>2XL</b> 55	<b>3XL</b> 58	\$24.00
Ladies' Short Sleeve Pique Sport Shirt 3 button placket with collar Colors: Black, Red, Stone	<b>SIZE</b> Bust	<b>XS</b> (2) 32-34	<b>\$</b> (4/6) 35-36	<b>M</b> (8/10) 37-37	L (12/14) 39-41	<b>XL</b> (16/18) 42-44	<b>XXL</b> (20/22) 45-47	<b>3X</b> (24/26) 48-51	<b>4X</b> (28/30) 52-55	\$24.00
*Ladies' Short Sleeve Interlock Sport Shirt Open Y-neck with collar Colors: Black, Red	<b>SIZE</b> Bust	<b>XS</b> (2) 32-34	<b>\$</b> (4/6) 35-36	<b>M</b> (8/10) 37-37	<b>L</b> (12/14) 39-41	<b>XL</b> (16/18) 42-44	<b>XXL</b> (20/22) 45-47	<b>3X</b> (24/26) 48-51	<b>4X</b> (28/30) 52-55	\$27.00
Men's Long Sleeve Sport Shirt Colors: Black, Red, Stone	SIZE Chest	<b>XS</b> 39	<b>S</b> 42	<b>M</b> 44	<b>L</b> 48	<b>XL</b> 52		<b>2XL</b> 55	<b>3XL</b> 58	\$29.00
Ladies' Long Sleeve Sport Shirt Colors: Black, Red	<b>SIZE</b> Bust	<b>XS</b> (2) 32-34	<b>\$</b> (4/6) 35-36	<b>M</b> (8/10) 37-38	L (12/14) 39-41	<b>XL</b> (16/18) 42-44	<b>XXL</b> (20/22) 45-47	<b>3X</b> (24/26) 48-51	<b>4X</b> (28/30) 52-55	\$29.00
Sweatshirt (Unisex) Colors: Black, Red, Sand (no Sand 3XL)	SIZE		s	М	L	XL		2XL	3XL	\$24.00
Cap (One Size) Black, Khaki, Red, Stone									\$15.00	
Tote Bag Colors: Black, Red, Stone									\$15.00	
Collapsible Pet Travel Bowl (Red only)	Bowl (Red only) Printed logo									\$ 5.00

Orders are placed on the 1st of each even-numbered month. Send order form with check, payable to Pet-A-Pet Club, Inc., to: Cathy Totzkay • 11311 Casa Loma • Brighton, MI 48114-9000 • 810-229-5219 Name: \_\_\_\_\_\_ Date: \_\_\_\_\_ Address: City: \_\_\_\_\_ State: \_\_\_\_ ZIP: \_\_\_\_\_ Phone number: (\_\_\_\_\_\_) \_\_\_\_\_ Coordinator: \_\_\_\_\_ QUANTITY ITEM/STYLE COLOR SIZE PRICE EACH TOTAL SUBTOTAL SHIPPING PLEASE ADD: \$5 for 1st item + \$3 for 2nd + \$1 for each additional item (for bowl only, postage is \$2.00)

**Prices valid through 12/31/19** These prices supersede all previous order forms.



#### MISSION STATEMENT

The Pet-A-Pet Club, Inc. is a non-profit organization. Members of the Pet-A-Pet Club commit themselves to encouraging the human-animal bond by educating the public regarding the health benefits of exposure to animals. We will do so by exposing those individuals who are least likely to have benefit of contact with pets to animals that best express the most positive attributes of living, affectionate and entertaining creatures.



## Safe Car Travel

By Dr. Mike Paul, DVM



We have all seen a car racing down the road with a dog's head sticking out the window, ears flowing in the wind and lips flapping uncontrollably. "Man, is that dog having fun! He actually looks like he is smiling!" And indeed they are having fun. Unfortunately, they are oblivious to

the dangers of their precarious perch. Few people would even think of allowing their children to hang heads out of a car window, or to stick their heads out of a sun roof, but they still allow their pets to risk serious injury by doing so.

What makes it so dangerous? Dogs love the wind in their face but bad things can happen. First, foreign objects like leaves, insects and rocks can strike them with tremendous velocity. Just think back to the damage a tiny pebble might have done to your windshield or the finish of your car. The cornea of a dog's eye is far more delicate and damages are not so easily repaired. Similarly, foreign bodies can find their way into a dog's ear or nose and cause severe inflammation. Even worse, a dog could jump through an open window or be thrown from the car during a swerve or collision. The least sever injury that would result is road rash or a broken leg. That of course assumes he isn't hit by another car. A dog in the back of a car may look cute but sudden braking or swerving could transform it into a hurling mass of fur and muscle that could cause fatal injuries to the dog or a passenger.

Can my small dog sit with me? I often see people driving with their dog on their lap, perhaps with their face right next to the owner. That can result in impaired vision, inability to operate controls and even interference problems with steering. Talk about distracted driving! In a 2010 survey, run by AAA (reported by Jim Walsh of USA Today). "20% of participants admitted to letting their dog sit on their lap while driving. A 'staggering' 31% said they were distracted by their dog while driving. Some states have gone so far as to pass legislation requiring restraint of dogs in moving vehicles.

What is the safest way for my dog to travel in the car? How can you protect your dogs? It is pretty simple: restrain them. Do not allow your dog on your lap while you're driving. There are widely-available, complete restraint mechanisms like doggy seat belts and restraint harnesses. They keep your dog secure and help protect him during an accident. They don't have to be fancy or look silly to be effective, they just have to be worn.

I am a believer that, like small children, dogs, even when restrained, should be limited to the back seat of the vehicle. Passive protection mechanisms, like airbags, undoubtedly have saved many lives but a passenger side air bag will open in a quarter of a second and quite literally explode causing a tremendous amount of impact for an unsuspecting dog or cat. Keep them in the back seat!

Source: www.pethealthnetwork.com